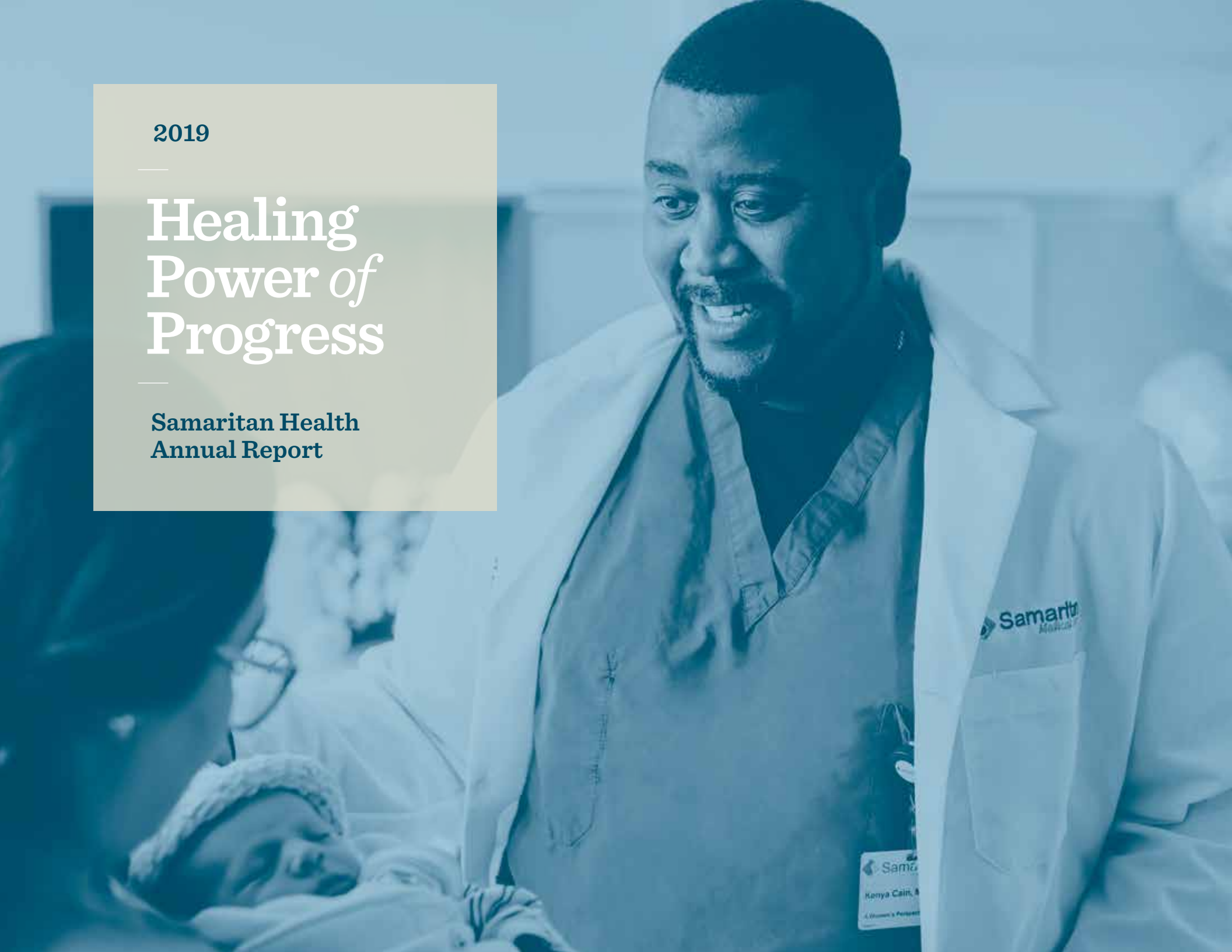


2019

Healing Power *of* Progress

**Samaritan Health
Annual Report**



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President &
Chief Executive Officer



M. Andrew Short
VP, Chief Operating
Officer



Maxine A. Briggs
VP, Chief Financial
Officer



Dr. Mario Victoria
VP, Medical Affairs &
Chief Medical Officer



Kimberly L. Thibert
VP, Patient Care
Services &
Chief Nursing Officer



Elizabeth C. Fipps
VP, Foundation and
Community Services



Regina L. Lagattuta
VP, Human Resources



Keith G. Robison
VP, Information
Services & Chief
Information Officer



Barbara E. Morrow
VP, Long Term
Care Services & Chief
Compliance Officer



W. Randall Fipps
AVP, Operations &
Behavioral Health



Christopher J. Bastien
AVP, Support Services

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Denise Young, *Secretary*

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Finance Committee Chair
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Melanie Parker-Geurtsen,
Immediate Past Chair

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Berline Dodard
Leo Gosselin, MD
Shahandeh Haghir, MD
Col. Robert Heath
Daphne Henri-Foley
Marie Hess

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Al Maloney, MD
Mary Perrine
Thomas Piche
Sam Purington
Catherine Quencer
David Rechlin, DO
Dierdra Sorrell
Stephen Todd
Joan Treadwell-Woods
Addison F. Vars, III
Mary Wardwell-Donahue

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Robert Baranello, VP,
Post-Acute Care Services

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Carolyn Fitzpatrick
Jordan Jones
Marcie Marcolini
Polly Matarese
Carl McLaughlin
Barry Ormsby
Joan Treadwell-Woods
Jan Turcotte, MD
Tracy Valentine
Daniel Villa
Peter Walton
Mary Wardwell-Donahue

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Robert Baranello,
VP, *Post-Acute Care Services*

Trustees

Beverly Brown
Carolyn Fitzpatrick
Jordan Jones
Marcie Marcolini
Polly Matarese
Carl McLaughlin
Barry Ormsby
Joan Treadwell-Woods
Jan Turcotte, MD
Tracy Valentine
Daniel Villa
Peter Walton
Mary Wardwell-Donahue

Samaritan Medical
Center Foundation
of NNY

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2nd Vice Chair
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John Wheeler, *Treasurer*
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Immediate Past Chair
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Darrel Aubertine
Franklin Cean
Brian Fraser
Alec Johnson
Corry Lawler
Maja Lundborg-Gray, MD
Maureen Lundy-Way
Peter Pike
John Poggi, MD
Catherine Quencer
Joanne Rhode
M. Andrew Short
Patricia Tague

Jan Turcotte, MD
Joan Treadwell-Woods
David VanEenaam, MD
Addison F. Vars, III
Mary Wardwell-Donahue
Barbara Webber
Lisa Weber
Michael Yonkavig

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VP, *Post-Acute
Care Services*
Nicole Davis, *Administrator*

Clifton Fine
Hospital

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Allen Ditch
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Linda Boker, *Secretary*
Maryann Rondon, *Treasurer*
Melissa Schmitt, Assistant *Treasurer*
Christine Cisco, *Immediate Past
President*

Trustees

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Barb Fargo
Kathryn Ann Kolton
Marcie Marcolini
Tammie Miller
Kristyna Mills
Elizabeth Netto
Joanne Rhode

A Smooth Transition of Leadership



Paul Kraeger, Samaritan's Chief Financial Officer, retired after 38 exceptional years of service to Samaritan. Paul helped lead the organization through significant transformation including the implementation of the Medical Center's master facility plan – phases I to IV, developing Samaritan Summit Village and construction of the Walker Center for Cancer Care, among many other projects. Throughout his career, he worked with numerous other organizations in the region to achieve financial stability to the entire health system. Paul's successor, Maxine Briggs, brings 13 years of healthcare experience and 24 years of accounting expertise to the position. Prior to joining Samaritan, Briggs served as Health System Controller for the St. Lawrence Health System and Hospital Controller for Canton-Potsdam Hospital.



Dear Friends,

Progress in healthcare can be defined by quality metrics, technology, the number of patients cared for, state-of-the-art facilities and the financial stability of a healthcare system. Over the years, Samaritan has made continual progress in all of these areas as we've kept you at the center of all we do.

This past year was a banner year for progress. In 2019, Samaritan closed out fundraising for its capital campaign, "The Healing Power of Progress," which supported three critical priorities: The Walker Center for Cancer Care, The Car-Freshner Center for Women and Children, and Samaritan's Endowment Fund. The goal was \$6 million and, in record time, our community and our donors helped us raise \$7.1 million! To say we are grateful is an understatement, and we are still in awe at the facility improvements this campaign supported.

More than 2,600 cancer patients received care at Samaritan in 2019, trusting us to serve them in a total of 12,795 visits to the Walker Center for Cancer Care. This is tremendous growth for a facility that is just one year old.

One of the most visible signs of progression from 2019 was Samaritan's commitment to enhancing care for women and children. At the new Car-Freshner Center for Women and Children, mothers are able to enter through a brand-new, dedicated entrance and patients have access to bright, spacious rooms large enough to accommodate their loved ones, including dedicated mother-baby rooms. Our new Women's Wellness and Breast Care, located in the Samaritan Health & Wellness Plaza, is now open and providing patients precise, compassionate care in a beautiful space. Here, women can conveniently access breast care, gynecologic services and more all under one roof.

Our commitment to the latest medical equipment was also fulfilled in 2019 with the installation of the da Vinci® Xi robot, the most advanced surgical robot in the world. Using this technology, our surgeons can perform sophisticated procedures with pinpoint precision, helping our patients to experience significantly less pain and scarring, shorter hospital stays and a faster return to day-to-day life. As the region's largest robotic surgery team, Samaritan's surgeons have performed more than 1,600 robotic-assisted surgeries since the program's inception, and in 2019, we saw a 54% increase.

As Samaritan continues to progress year after year, one thing remains the same – we'll be there for you whenever and wherever you need us, with exceptional quality care and compassion. I am pleased to share the Samaritan Health System 2019 Annual Report with you.

Thank you to those who contributed to our success in 2019, whether it was by volunteering, making a donation, being an advocate for our system or entrusting us to care for your loved one. Our success is your success.

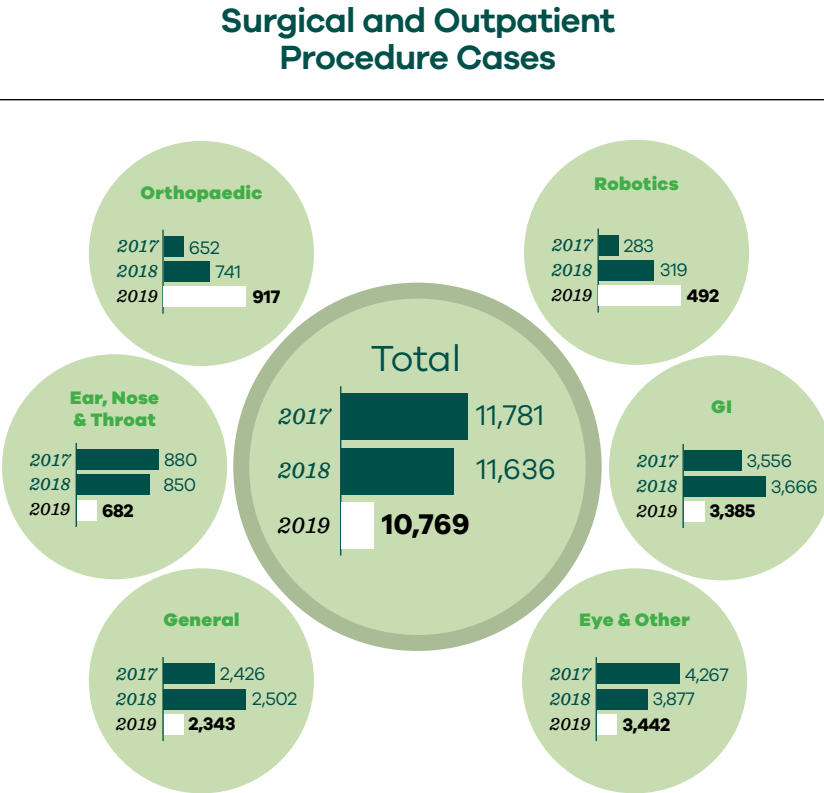
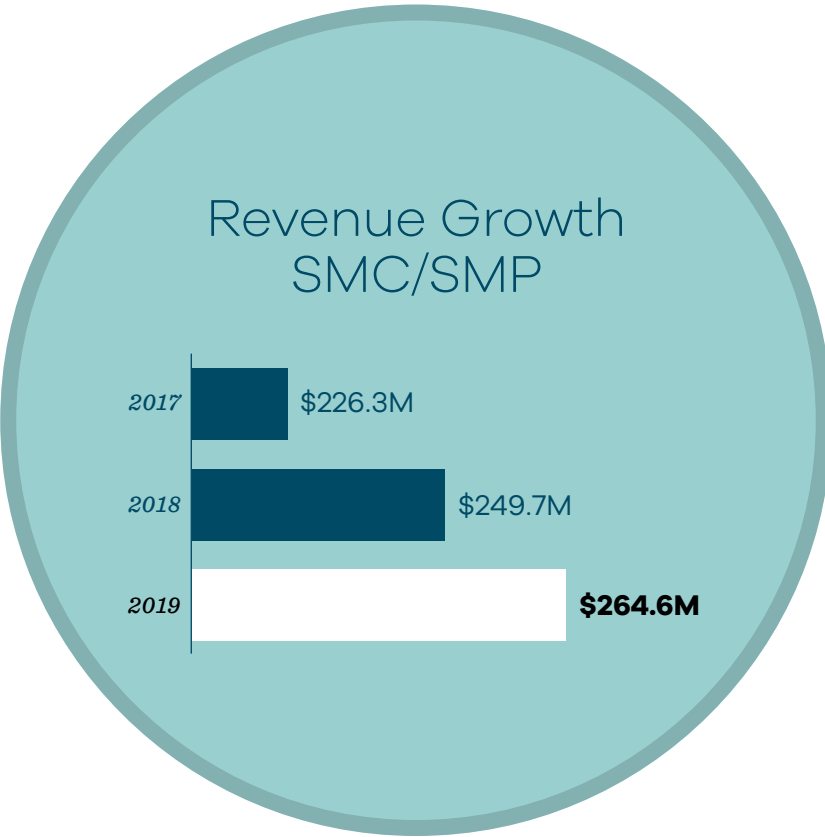
Sincerely,

Thomas H. Carman
President & CEO

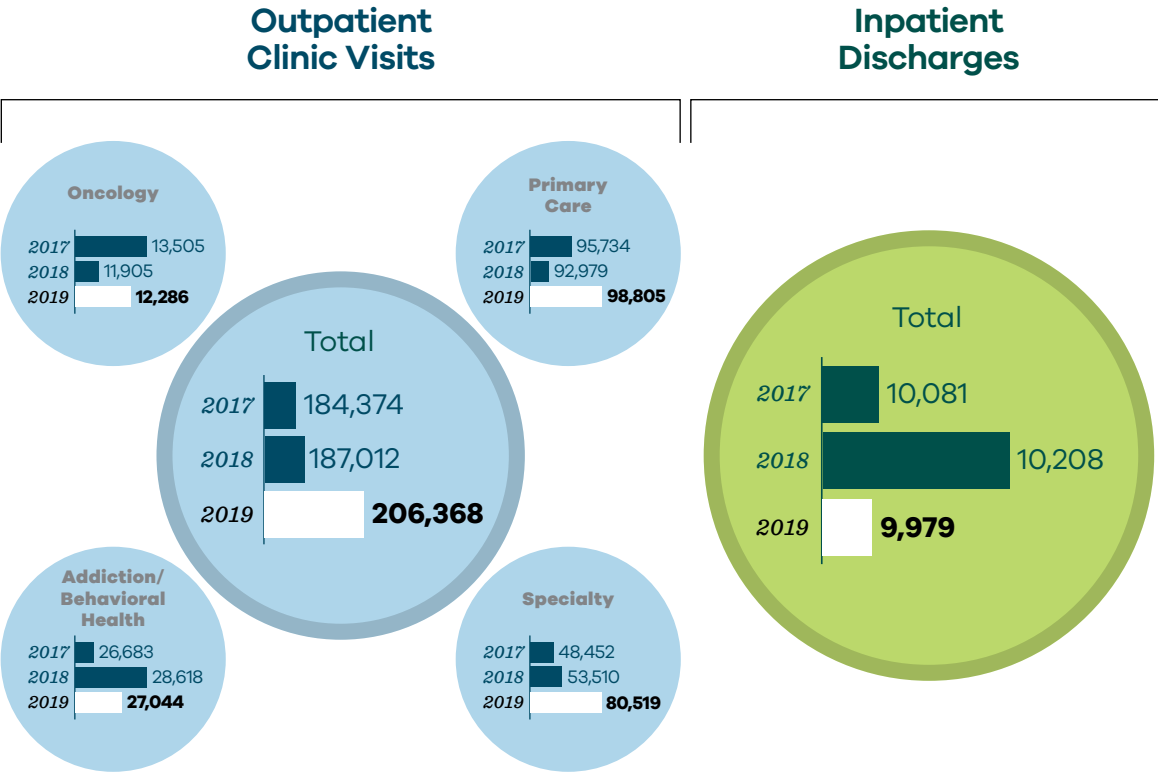
2019 by the numbers

Samaritan continued to make progress through its expansion of services and growth to meet patients’ needs. Through strong fiscal management and continuous investment in our facilities, services and staff, we continued to deliver exceptional care to our community. Through the generosity of our community donors and fiscal stewardship, Samaritan is proud to have maintained financial growth in 2019 and our investment grade bond rating of BBB- from Standard & Poor’s, which is a major accomplishment for any hospital.

Samaritan Medical Center and its affiliates – Samaritan Keep Home, Samaritan Summit Village, Samaritan Medical Center Foundation, Samaritan Medical Practice and Samaritan Home Health – provide 2,300 jobs in this community. In 2019, payroll totaled \$160 million. As the largest private employer in the county, Samaritan is committed to the community we proudly serve. In addition to payroll costs, Samaritan expended \$114 million in 2019 to purchase goods and services necessary for the provision of care to our patients and residents.



According to the Healthcare Association of New York State (HANYs), the economic activity generated by Samaritan Medical Center through jobs and the purchase of goods and services is equivalent to \$419 million annually. The Medical Center also is responsible for generating significant tax dollars estimated at \$48 million each year. HANYs further calculates that Samaritan’s charity care, subsidized care and services to low-income, elderly and underserved communities, coupled with investment in community health initiatives, equates to \$43 million in community benefits each year. These are significant investments for our entire civilian and military community.

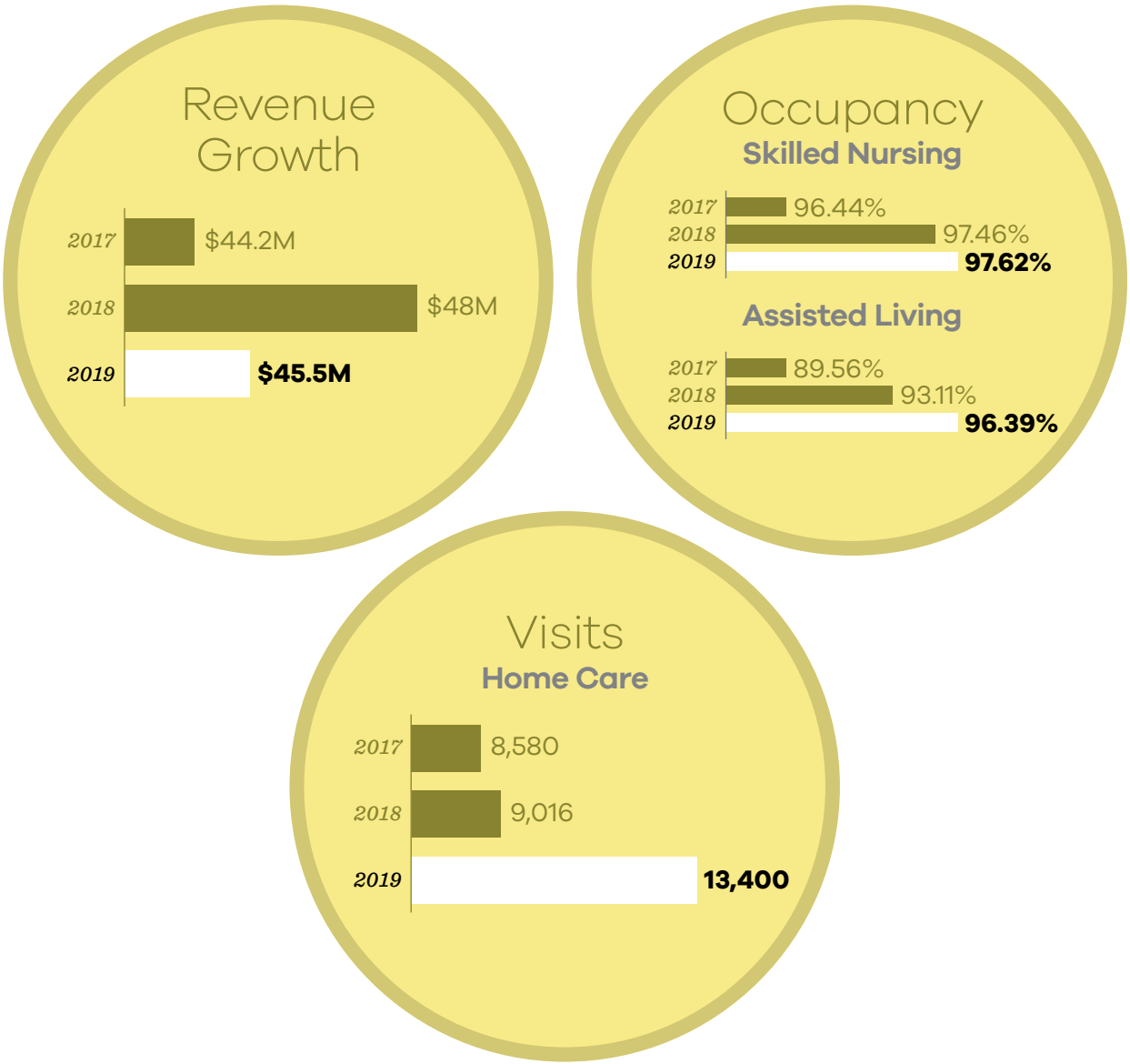


By encouraging patients to have a primary care provider, seek speciality care when needed and utilize the appropriate level of care, we have incurred an expected decline in inpatient and emergency department visits.

2019 Care Counts		
	2018	2019
Births	1,637	1,495
Acute Rehabilitation Days	2,207	3,283
Surgical Cases	7,208	6,628
Discharges	10,208	9,979
Emergency Room Visits	46,127	45,734
Imaging	112,927	118,592
Outpatient Clinic Visits	202,365	206,368
Laboratory	896,268	920,079
Resident Days	197,320	199,033
Samaritan Home Health Visits	9,016	13,400
Daycare Visits	6,536	6,104
Skilled Nursing Facility Occupancy	97%	98%
Assisted Living Occupancy	93%	96%

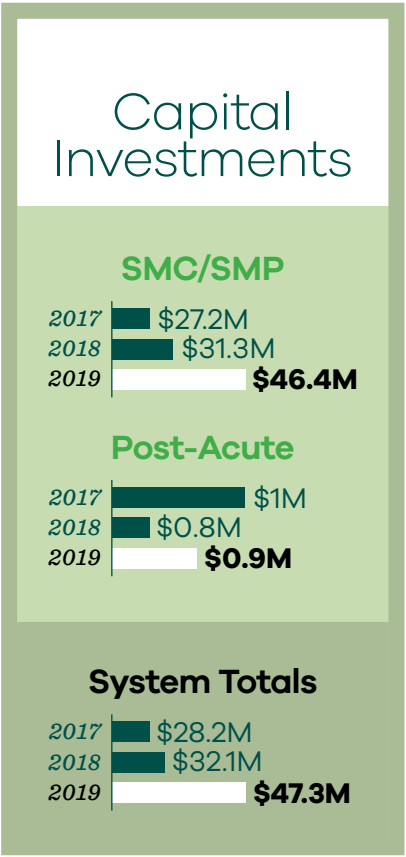
Post-Acute and Long Term Care

Samaritan Keep Home/Samaritan Summit Village/Samaritan Home Health



A major area of growth this year was Samaritan Home Health. The leadership team has worked hard to build a strong professional team, create referral patterns and excel at offering many in-home services such as nursing, physical, speech and occupational therapy. We expect to see this growth continue, helping many patients recover and live at home.

We are grateful to our community for generously supporting Samaritan and the Healing Power of Progress capital campaign. Over \$6 million was raised to advance healthcare for the entire community. Our donors, including hundreds of employees, were able to allocate funds to an area of their choice. Thank you for your support and trust in what we do each day.



The Healing Power of Progress: Project Updates

In 2019, Samaritan closed out fundraising for its capital campaign, “The Healing Power of Progress,” which supported three critical priorities: The Walker Center for Cancer Care, The Car-Freshner Center for Women and Children and Samaritan’s Endowment Fund.

The goal was \$6 million and, in record time, our community and our donors helped us raise \$7.1 million! Plenty of change has occurred since we launched this campaign in 2018, and all of it has been for the benefit of our patients and community.

“From the moment I entered the hospital, everyone was so nice and attentive to me and the baby! They were amazing and made my experience with my first baby so memorable...I'm just so thankful for that.”



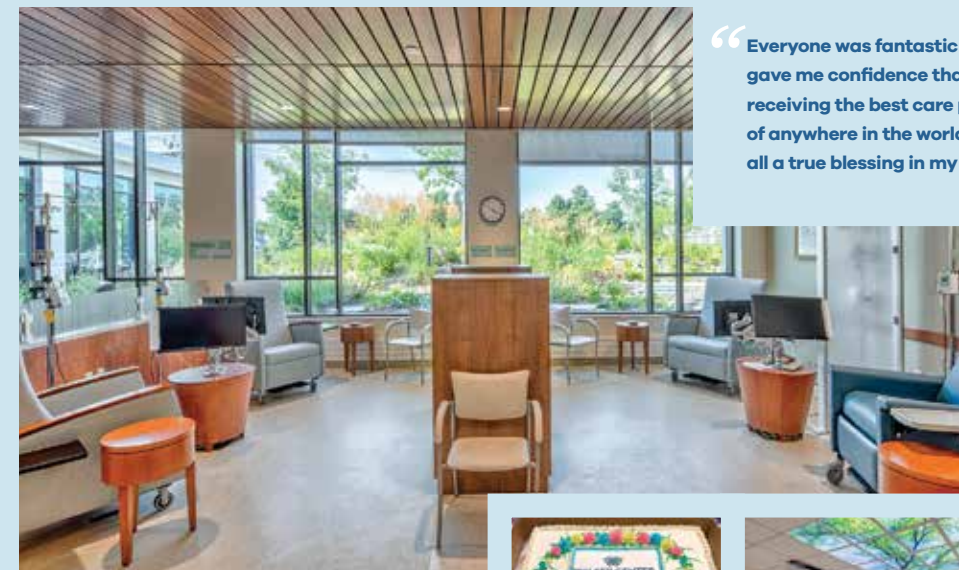
Car-Freshner Center for Women and Children

Samaritan was excited to unveil the new entrance and expanded space of the Car-Freshner Center for Women and Children at an official ribbon cutting ceremony in the summer of 2019. Expectant mothers, families and visitors are now entering through a brand-new, dedicated entrance off of Sherman Street. Once inside, an elevator takes them directly to the third floor, where the center is located.

Offering larger rooms, inter-connectivity between units and more advanced equipment, the new center enhances patient comfort, staff workflow and emergency response time. Patients are enjoying the bright, spacious

delivery rooms and dedicated mother-baby rooms, which are large enough to accommodate visiting loved ones. Our Labor and Delivery Unit opened in September 2017 and has been a welcome addition, with two C-section operating rooms that accommodate both scheduled and emergency births. And with an anesthesiologist on staff 24 hours a day, seven days a week, mothers are comfortable knowing that no matter what time of day they deliver, we are here for them.

The new 12,800-square-foot center is a contemporary, welcoming space for women’s and children’s health services on the Samaritan Medical Center campus. Progress continues on this exciting multi-year project, which is scheduled to be completed in 2022.



“Everyone was fantastic and really gave me confidence that I am receiving the best care possible of anywhere in the world. You are all a true blessing in my life!”

Walker Center for Cancer Care

Since opening a year ago, the Walker Center for Cancer Care has made important progress and has helped change the lives of so many in our community. More than 2,600 cancer patients received care at the center in 2019, trusting us to serve them in a total of 12,795 visits.

The Walker Center for Cancer Care was designed with the patient in mind, incorporating special touches that calm as well as heal. Its infusion suite offers chemotherapy patients a new level of treatment and comfort with reclining chemotherapy chairs, complete with entertainment systems, facing a beautiful rooftop Healing Garden.

The center also boasts a full spectrum of cutting-edge treatment options that rival services offered at large medical centers, including detection and screening, diagnosis, treatment, therapy and support. And finally, to help our patients in their recovery, the Walker Center for Cancer Care has a complete offering of follow-up services, including physical therapy, lymphedema therapy and pain management solutions. ♦



Samaritan Recognized for Promoting Organ Donation

In 2019, Samaritan Medical Center earned Gold Recognition from the Workplace Partnership for Life (WPFL) Hospital Organ Donation Campaign for its efforts to increase organ, eye and tissue donor registrations across the state.

The WPFL is a national initiative that unites the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA) and the organ donation community with workplaces across the nation in spreading the word about the importance of donation. In Upstate New York, Samaritan is one of several hospitals supported by the Finger Lakes Donor Recovery Network, a nonprofit organization that ensures the organ donor decisions of area residents, in consultation with their families, are carried out at the time of death.

Samaritan was one of more than 1,480 organizations to participate in the 2019 campaign and one of 226 organizations to earn Gold Recognition. The 2019 Hospital Organ Donation Campaign added more than 48,000 registrations to state registries and the Puerto Rico registry, which also includes registrations from the U.S. Virgin Islands.

Every 10 minutes, another person is added to the organ transplant list, reaffirming the critical and growing need for registered organ, eye and tissue donors. ♦

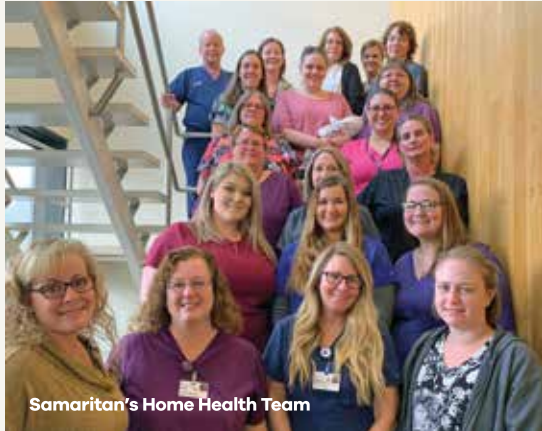


From left: Kim Smith, Nurse Manager, Interventional Radiology and Infusion; Kim Thibert, Vice President of Patient Care Services and Chief Nursing Officer; Matthew Graney, Hospital Development Associate, Finger Lakes Donor Recovery Network; Andy Short, Chief Operating Officer.

A Continuum of Care for Our Community

Whether you are caring for an aging loved one or entering the “Golden Years” yourself, it is important to think about what level of care is needed later in life. Samaritan is here for patients at all stages of life, and we are committed to ensuring a high-quality continuum of care for our community.

We realize that, when possible, many prefer the comfort and independence of their own home. In these cases, Samaritan Home Health is here for you, providing skilled nursing and therapeutic services in patients’ homes throughout Jefferson County. This convenient alternative to inpatient care allows you to recover from an accident or illness while surrounded by family. If your doctor determines that Home Health is an appropriate option for you, an experienced registered nurse will visit your home to develop a specialized plan, including care needs and other personalized considerations. The nurse will also demonstrate how you and your family members can contribute to the recovery process. Samaritan Home



Samaritan's Home Health Team

Health can arrange for any additional help that may be needed, such as a home health aide or a physical, occupational or speech therapist.

Eventually, many of us will progress in the aging process to a point where we, or our loved ones, need a safer environment for our care. For elders who may need some help with the activities of daily living, but do not need continuous nursing care, Assisted Living offers independence and added privacy. Our Assisted Living facilities at Samaritan Summit Village provide multiple levels of support for our residents depending upon their need. This program provides nursing care, personal care, medication management,

light housekeeping, assistance setting up medical appointments and meals for residents who require services above and beyond what is typically provided while living in the community. Samaritan’s Assisted Living program may be an appropriate alternative to nursing home care for some.

Additionally, Samaritan offers an Enhanced Assisted

Living program, which is an advanced level of care to serve people who wish to remain in their residence, adding services as they develop age-related difficulties. This is commonly referred to as “Aging in Place.”

Finally, for those who need the highest level of care possible, our Skilled Nursing and Short Term Rehabilitation facilities at Samaritan Summit Village and Samaritan Keep Home can provide you top-of-the-line residential care. These healthcare facilities provide 24-hour nursing care, rehabilitation services and many other services in a home-like environment.

Samaritan is honored to provide a continuum of care for our aging population. Our staff is knowledgeable and compassionate, treating our patients and residents like family. With in-house therapy services, specific care offerings for those with movement disorders, dementia care and more, Samaritan is here to care for all generations. ♦



Palliative Care

Palliative care is appropriate at any age or at any stage of a serious illness and can be provided alongside curative treatment. Palliative Care of Jefferson County helps provide Samaritan’s chronic and/or seriously ill patients with clinical and emotional support through their treatment and disease process.

Home Health Highlights

- Added our first full-time Occupational Therapist solely committed to home care. By October 2019, our Occupational Therapy program had grown so much, we added a second full-time therapist to meet demand.
- Added a fourth full-time Physical Therapist in September 2019, as demand continues to increase.
- Added a seventh full-time Registered Nurse (RN), making our Home Health nursing staff the largest it has been to date. We are growing quickly!
- Saw a 48.6% increase in patient visits, from 9,016 in 2018 to 13,400 in 2019.

Long-Term Care Highlights

Samaritan Keep Home and Samaritan Summit Village reduced avoidable transfers to the Emergency Department and hospitalizations from prior year metrics. Medicare uses CASPER (Certification And Survey Provider Enhanced Reports) measures to report quality and safety metrics in long-term care facilities, encouraging facilities to achieve the lowest scores possible. Out of 16 quality metrics, both Samaritan Keep Home and Samaritan Summit Village only had four that were slightly above national standards, which is very good. Samaritan Keep Home has maintained below 5% for in-house pressure ulcer development (3.4% in the last quarter). The facility goal was to stay below 5%. Samaritan Summit Village ended 2019 with full occupancy in Assisted Living. Surveys by the NYS Department of Health returned positive results for all of our Long Term Care programs.

Small Incisions. Big Stories.

Samaritan offers the most advanced surgical solutions in the area, including robotic surgery with the da Vinci® Surgical Robotics System.

Using the da Vinci Xi robot – the most advanced surgical robot in the world – surgeons can perform sophisticated procedures precisely through small incisions. As a result, patients experience significantly less pain and scarring, shorter hospital stays and a faster return to normal daily activities.

As the region’s largest robotic surgery team, Samaritan’s surgeons have performed over 1,600 robotic assisted surgeries since the program’s inception, and in 2019, we saw a 54% increase.

With 10 highly trained surgeons and one first-assist physician assistant, Samaritan's robotic surgery team performs the most procedures by volume and the greatest number of procedures in the region. Samaritan is the North Country's robotic surgery leader. The da Vinci® Surgical Robotics System may be used during the following procedures at Samaritan:



General Surgery

Gallbladder Removal (Cholecystectomy)
Hernia Repair
Colon Surgery
Anti-Reflux

Gynecology

Hysterectomy
Myomectomy
Sarocolpopexy
Urinary Incontinence Treatment

Urology:

Nephrectomy & Partial Nephrectomy
Radical Prostatectomy
Pyeloplasty
Adrenalectomy
Partial Cystectomy
Other Reconstructive Surgeries

Keith’s Story

When Keith learned he needed to have his prostate removed, he was concerned. He had been enjoying an active, fulfilling retirement, working part-time at O.D. Greene’s and hunting with his friends. Suddenly, it seemed like all of that was about to change. But then his doctor explained that Samaritan specializes in minimally invasive urologic, gynecologic and general robotic surgery. Keith would be in the hands of the region’s largest robotic surgery team, and they would be using the world’s most advanced robotic surgical system. So the incisions would be smaller and the recovery would be faster. Keith’s surgeons told him he could get back to his life in no time. And that’s exactly what he did.



Samaritan Employees Recognized for Service

Every year, Samaritan holds an Employee Service Award dinner to recognize employees who reached a milestone service anniversary the prior year. In 2019, 100 employees were celebrated for achieving their 20-, 25-, 30-, 35-, 40- or 45-year anniversaries at Samaritan. Special recognition was given to those employees, pictured below, who celebrated 40 years or more of service and dedication to the organization.



Vivian J. Burdick
45 years



Carol J. Casselman
40 years



Valerie J. Chamberlain
40 years



Janice M. Delaney
40 years



Kathy S. Halaburka
40 years



Margaret C. King
40 years

Putting Patients *at the* Center of Planning

Improving care and innovating processes require thoughtful, comprehensive planning—but it must always start with the patient. That truth became all the more apparent when Samaritan began planning the renovation of its Emergency Department (ED), which sees approximately 48,000 patients per year.

At Samaritan, our patients are our number one priority. So when we received patient feedback and survey responses indicating how we might improve our Emergency Department, we listened and got right to work.



In the first phase of planning, we convened Samaritan's Patient and Family Advisory Council, which provides a forum where patients and families can share feedback, suggestions and ideas to continually improve our quality of care. Together, we determined where the Emergency Department could be improved and how we might innovate to optimize the patient experience from start to finish.

With this patient feedback in mind, our planning transitioned into a "Kaizen" – a Japanese term meaning "to break apart and make new." A multi-faceted team from Samaritan spent two 8-hour days navigating the objectives of the Kaizen, which include: identifying the problem



statement; determining the essential players; creating a value-stream map; and making project determinations.

After finalizing plans, we began construction on our new Emergency Department. And on April 17, 2020, our community was looking at a completely different ED.

Samaritan's Emergency Department now features intake areas with doors for patient privacy, updated fixtures, a new security station and an improved waiting area for patients and their families. In addition, the heating and cooling system in this area has been upgraded, adding negative pressure to help with infection prevention.

Guided by the needs of our patients and our community, we have taken a big step forward. With these new renovations to our Emergency Department, we have improved privacy and comfort. We have seen the number of patients left without being seen drop dramatically and patient experience scores have begun to climb. But most importantly, we have improved how we care for patients. ♦

Enhancing Community Diabetes Services

Roughly 1 in 10 adults in the North Country has diabetes, and Samaritan Medical Center is here to help diabetes patients manage their condition and live a healthy life.

In 2019, Samaritan was pleased to announce the accreditation of its Healthy Lifestyles Diabetes Self-Management Education and Support (DSMES) program through the American Academy of Diabetes Educators.

This educational program helps participants implement and sustain the coping skills and behaviors needed to self-manage their diabetes. Samaritan's program is designed to address the patient's health beliefs, cultural needs, current knowledge, physical limitations, emotional concerns, family support, financial status, medical history, health literacy, numeracy and other factors that influence each person's ability to meet the challenges of self-management.

"People living with diabetes may spend just 30 to 60 minutes with their doctor annually," said Teresa Intorcio, Samaritan's Healthy Lifestyles Diabetes Self-Management Education Program Coordinator. "So, being able to provide 10 hours of education to patients living with diabetes – and their families – is priceless.



Teresa Intorcio, RDN, CDN, CDE, is Samaritan's Healthy Lifestyles Diabetes Self-Management Education Program Coordinator. She works one-on-one with patients to address multiple factors that affect one's ability to manage diabetes.

It empowers patients to make daily self-management decisions and provide some of their own care."

Samaritan's DSMES program is evidence based and meets the 10 National Standards of Care for Diabetes. It is also reimbursable through Medicaid, Medicare and/or other commercial insurance companies, because insurance coverage is critical to patients as they learn to control and maintain their diabetes.

The DSMES program is administered through Samaritan's Healthy Lifestyles service, located at 1575 Washington Street in Watertown, within the Samaritan Health and Wellness Plaza. ♦

Bryan's Story

At 48, Bryan Benson feels more in control of his health than he has in a long time.

For years, the Black River resident has struggled with his weight, blood pressure and other health concerns. A tumor and large kidney stones caused him to lose one of his kidneys several years ago, after which his remaining kidney began to malfunction.

"I'm a type 2 diabetic, which made things even worse," he says. "I had been trying to get a lifestyle change, and it was hard. I've worked construction my whole life and my life is on the road – I woke up at 5 o'clock, I got home at 5 o'clock, I ate whatever I could eat and I was on to the next day."

Then, in November 2018, Bryan was introduced to the lifestyle change he was searching for. His primary care physician encouraged him to try Samaritan's Healthy Lifestyles Diabetes Self-Management Education and Support program – a holistic, physician-monitored class that teaches participants how to enhance overall wellness through education, nutrition, exercise and behavior therapy.

With just a year and a half of Healthy Lifestyles classes under his belt, Bryan has already begun to feel a difference. Working with Teresa Intorcio – a registered dietitian and certified diabetes educator – he has developed a regular exercise routine, learned about his diabetes medications and lowered his hemoglobin A1C level by nearly three points.

Most of all, he has incorporated healthy food into his busy lifestyle. While lunch

on the road used to be a stop at a fast food restaurant, it is now a balance of cheese, nuts, yogurts, eggs, fruits and vegetables, which Bryan packs for himself in advance.

"Before I came here, when I would eat something, I would just eat it – I didn't really care about it," Bryan says. "But now, it's in my head all the time. I'll pull something off the shelf and I'll turn it over to look at the carb levels. I'm learning to make better choices, and that's a big thing."

Bryan realizes that his health and wellness journey is only just beginning. Some days are easier than others, but he is dedicated to long-term change.



"My goal is to just keep living, because every day is special to me," he says. "If I can help myself make it through another day, that's what I'm looking for – and coming here and learning the proper things I should be doing, it helps a lot." ♦

Introducing four expanded service lines.

Offering the people of our community the highest quality care means always working to expand and enhance the resources available to our patients. In 2019, we showed that commitment by adding new service lines and strengthening existing ones. We're excited to announce that Samaritan now offers robust services in Breast Surgery, Interventional Radiology, Dermatology, Outpatient Addiction services and Speech Pathology services.

Breast Surgery

Samaritan has a long history in Breast Surgery and Breast Care, but in 2019, we reintroduced the services and welcomed Dr. Agnieszka Dombrowska to the new Women's Wellness and Breast Care. Breast care encompasses all services to prevent, maintain and treat any breast disease.

Services include:

- Management of breast cancer and benign breast diseases
- High-risk screening and evaluation
- Breast cyst aspiration
- Ultrasound-guided breast biopsies
- Stereotactic breast biopsies
- Nipple- and skin-sparing mastectomies

About Dr. Dombrowska:

- Dr. Dombrowska is board certified by the American Osteopathic Board of Surgery. She earned her medical degree at A.T. Still University – Kirksville College of Osteopathic Medicine in Kirksville, MO. She completed her general surgery residency training at South Pointe Hospital – Cleveland Clinic, Warrensville Heights, OH, followed by fellowship training in breast surgery at Johns Hopkins University, Baltimore, MD.

Interventional Radiology & Interventional Oncology

Dr. Sima Banerjee joined Samaritan in the summer of 2019 to rebuild the Interventional Radiology (IR) service line and expand to Interventional Oncology. IR is a medical sub-specialty of radiology utilizing minimally invasive, image-guided procedures to diagnose and treat diseases in nearly every organ system. Interventional Oncology is a sub-specialty field of Interventional Radiology that deals with the diagnosis and treatment of cancer and cancer-related problems using targeted minimally invasive procedures performed under image guidance.



Services include:

Women's Health

- Osteoporosis Kyphoplasty
- Uterine Fibroid Embolization
- Pelvic Congestion Syndrome

Men's Health

- Varicocele Embolization

Cancer Care

- Tumor Ablation
- Chemoembolization for liver tumors and liver metastasis
- Ports – Vascular access for Chemotherapy

Liver Disease

- Transjugular Intrahepatic Portosystemic Shunt or TIPS
- Balloon-occluded Retrograde Transvenous Obliteration (BRTO)

- Portal Hypertension

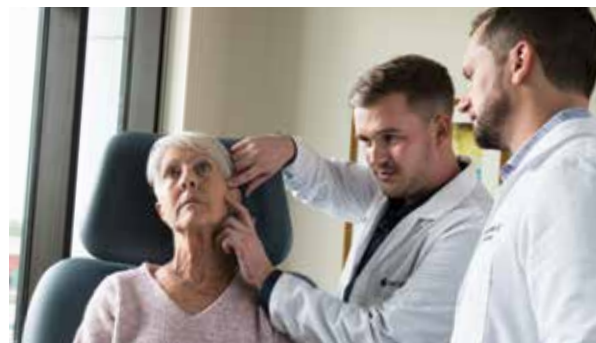
- Biliary Obstruction/Jaundice

Urinary Issues

- Stone Disease/Ureteral Stenting

About Dr. Banerjee:

- Dr. Banerjee is our new Director of Interventional Radiology & Interventional Oncology. She completed her medical degree at Kings College London School of Medicine, London. She completed her radiology residency training at Emory University, Atlanta, GA, followed by fellowship training in interventional radiology at University of Alabama Hospital, Birmingham, AL.



Dermatology

Samaritan Dermatology expanded to include Dr. Nathaniel Miletta and Dr. Casey Chern in 2019. Dermatology also moved to a beautiful new location in the Samaritan Medical Office Building.

Services include:

- Skin cancer screening and surgery
- Scar improvement and revision
- Psoriasis
- Acne and rosacea
- Skin growth removal
- Spider vein injections

About Drs. Miletta and Chern:

- Dr. Miletta serves as the Samaritan Medical Center Chief of Mohs Surgery. He completed his medical degree at SUNY Upstate Medical University in Syracuse, NY. He completed dermatology residency

training at Walter Reed National Military Medical Center, Bethesda, MD, followed by fellowship training in dermatologic surgery at Massachusetts General Hospital, Boston, MA. He is board certified with the American Board of Dermatology.

Dr. Chern received her Bachelor of Science from the University of Notre Dame, Notre Dame, IN, and graduated from the Indiana University School of Medicine, Indianapolis, IN. She completed her internship and dermatology residency with National Capital Consortium at Walter Reed National Military Medical Center in Bethesda, MD. She is board certified by the American Board of Dermatology and is a fellow of the American Academy of Dermatology. Dr. Chern is affiliated with the 10th Mountain Division on Fort Drum and is providing part-time dermatology services for Samaritan.

FEES (Fiberoptic Endoscopic Evaluation of Swallowing)

Samaritan's Speech Therapy team is now offering a new evaluation tool to help patients and residents with swallowing disorders. The new FEES (Fiberoptic Endoscopic Evaluation of Swallowing) tool allows therapists to capture and record live colored video to identify the cause of dysphagia (difficulty swallowing). This procedure is not invasive and can be done in any medical setting. Samaritan is the only local provider to offer the FEES evaluation service.

This evaluation tool helps the speech therapist see what happens in your mouth and throat when you swallow.

The actual endoscopy lets the speech therapist see:

- If food goes into your airway instead of your stomach, called aspiration

- What parts of your mouth and throat may not work well
- What kinds of food and liquid consistencies are safest for you to swallow
- If certain positions or strategies help you swallow better

Improving swallow function reduces risks of choking and aspiration related illnesses.



In April, the Samaritan Medical Foundation and Medical Executive Committee held the 7th annual Physician Recognition Dinner to honor Samaritan's active and retired physicians for their dedication.

As part of this event, we honor a physician with the Lifetime Achievement Award, which was established to recognize a Samaritan physician for his/her leadership and service to the health and well-being of the Northern New York community.

The 2019 Lifetime Achievement Award recipient was Dr. LaVerne VanDeWall, an internist who has been a member of the Samaritan Medical Center staff since 1992. Dr. VanDeWall's commitment to patients and to our community's wellness has led him to achieve great things in our region and industry.

Thank you, Dr. VanDeWall, for your years of service and for the countless lives you have impacted! ♦

Charting Our Future

In the Spring of 2019, Samaritan set out to create a new strategic plan that would guide the health system for the next three to five years. So much has been accomplished and changed since Samaritan introduced its last strategic plan in 2012. Population health initiatives, Accountable Care Organizations, the Delivery System Reform Incentive Payment (DSRIP) program, prospective payment system, major deficits in funding for Medicaid and Medicare, and the Affordable Care Act have all taken shape and changed the way healthcare systems operate.

At the center of all that we do are our patients and residents. To reflect this commitment, we have updated our vision statement to be:

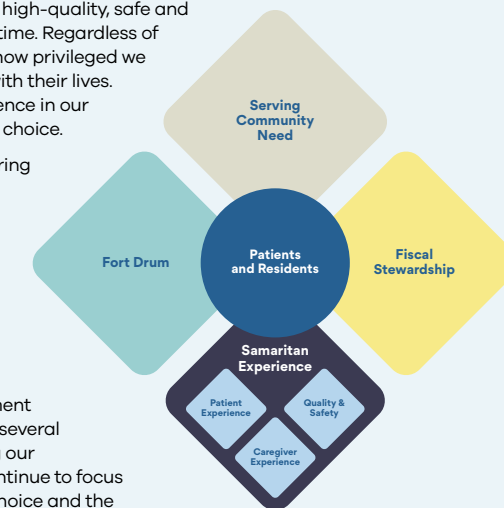
"Samaritan shall embrace a patient centric culture and partner with patients to achieve the best outcome and experience. Patients' needs drive every decision."

Guided by our mission, the Samaritan organization exists to care for the people of our community, just as we have since 1881. Our community depends on us to provide high-quality, safe and compassionate care each and every time. Regardless of our roles at Samaritan, we all realize how privileged we are to care for those who entrust us with their lives. We are committed to making a difference in our community and being the provider of choice.

In order to continue our mission of caring for our community, we must prepare for and adapt to a healthcare environment that is constantly changing. By achieving the goals outlined in the strategic plan we introduced in 2012, Samaritan has proven to be a healthcare leader in our community, with new and updated facilities, new service lines and technology, recruitment of top-notch providers and staff, and several awards and designations recognizing our commitment to excellent care. We continue to focus on being the healthcare provider of choice and the workplace of choice in our community.

We are very appreciative of the representatives from all six of the Samaritan boards who participated in the development of the new plan that will guide us into the future.

To visualize the change and what it means to the organization, we present our strategic plan visual for all stakeholders. At its core are our patients and residents, as they drive every decision we make. The pillars that help direct our work include: the Samaritan Experience, which encompasses both patient/resident experience and caregiver experience, as well as our commitment to safety and high-quality care; Fort Drum; Fiscal Stewardship; and Serving Community Need. This plan will help steer us as we determine how to progress and continuously improve for our community. ♦



Advancing Care for Women

At Samaritan's new Women's Wellness and Breast Care, located in the Samaritan Health and Wellness Plaza, we're prepared to meet your needs exceptionally well. From seeing moms-to-be for specialized pregnancy care, to supporting all women with gynecologic and breast services, its opening is our pledge that, at Samaritan, your care will be our number one priority.

We are also proud to offer expanded imaging services, high-risk pregnancy care, Cancer IQ early detection screening and same-day reads. Our on-site team of specialists, including a board-certified breast surgeon and radiologist, will make your journey as simple as possible.

Our team of obstetricians, gynecologists, surgeons, radiologists, imaging specialists, nurses and staff is here to provide the women of our community everything they need to thrive. This team was assembled from our trusted A Woman's Perspective OB/GYN and Woman to Woman practices to bring patients the same great care, but with expanded services.

Utilizing the most advanced imaging services and the most leading-edge treatments, our team is ready to deliver complete women's care and complete peace of mind. Whether you need ultrasound imaging, genetic testing or laboratory services, we can help. In addition to comprehensive care delivered in a beautiful facility, patients will also enjoy exceptional convenience with the option to get their 3-D mammogram and PAP test in the same visit. As we like to say – it's all under one roof, and it's all for you.



A ribbon cutting was held in November 2019 to celebrate the opening of Women's Wellness and Breast Care, the first facility of its kind in the area. More than 200 people attended to see the new space and meet our new Breast Surgeon, Dr. Agnieszka Dombrowska. Samaritan received a \$9.8 million Statewide Health Care Facility Transformation Program (SHCFTP) grant to help make this project possible. The project included renovation of 16,000 square feet of existing space, and the addition of an 11,000-square-foot entry corridor for the entire Health & Wellness Plaza. Construction was completed by SLAM Architects, Aubertine & Currier Architects and Purcell Construction.



Dr. Agnieszka Dombrowska, breast surgeon, cuts the ribbon on Samaritan's new Women's Wellness and Breast Care during an open house in November.

Guests mingle in the lobby of Samaritan's new Women's Wellness and Breast Care during an open house in November.



Samaritan's Continuous Journey of Quality *and* Safety for Our Patients

On our journey toward becoming a highly reliable organization with zero patient harm, our quality improvement team, care providers and leadership are continuously making improvements for our patients and residents.

A typical day at Samaritan Medical Center begins with unit-based huddles, during which potential and actual safety concerns are identified and then shared on a morning safety call. Safety portal events are also reported on this call. By 8:45 a.m., leaders meet to discuss and follow-up on any unresolved issues that were reported on the call, and extra time is allotted for follow-up to any events that were reported.

Significant progress was made in 2019 regarding the way we look at, track, and own potential and actual safety events. Events that reached the patient and either caused harm or could have caused harm are assigned to a unit leader to conduct a Root Cause Analysis (RCA). Quality improvement practitioners collaborate with unit/department leaders to conduct these RCAs, and together they present their findings during a weekly safety meeting. As RCAs are conducted, opportunities are identified and risk-reduction strategies are developed with front-line staff. Once a month, a larger team of leaders comes together to discuss the RCAs, previous improvements made and review metrics that drive positive patient outcomes and experiences.

These processes have truly transformed quality improvement at Samaritan. Direct-care staff have a voice, and leadership listens. In less than one year, we have conducted more than 30 RCAs and have implemented multiple risk-reduction strategies to provide safe, quality care for our patients. Prior to implementing this process, we conducted approximately six RCAs per year. Each RCA improves a process and leads to improved patient outcomes. This continuous quality improvement is not mandated, nor easy to do at times, but it speaks to our commitment to the ideal of zero patient harm.

This journey led us to many accomplishments in 2019, some of which are outlined in the bullet points on this page. Quality is just one piece of the entire Samaritan Experience, but we are confident that our dedication in this area will result in safe, high-quality care for our patients each and every time.

2019 Quality Improvement Highlights:

- Maintained Blue Distinction Designation for Hip and Knee Surgery, a designation held since 2012.
- Achieved a PSI 90 score of 0.78 from the Centers for Medicare and Medicaid Services (CMS) – the lowest score in New York State for a point in time, which is very good. The CMS PSI 90 score summarizes patient safety across multiple sectors, monitors performance over time and facilitates comparative reporting and quality improvement at the hospital level.

- Fully implemented the Alternative to Opioids (ALTO) Project, through the Iroquois Healthcare Association, in our Emergency Department (ED). The overall goal is to reduce the amount of opioids patients are exposed to. Since inception in March, we have seen a 51% reduction in e-scripts for opioids from the ED.
- Participating in the Healthcare Association of New York State's (HANYS) Commitment to Excellence (C2X) program. In this first-of-its-kind, comprehensive statewide consortium, Samaritan and nearly 200 other New York healthcare providers are demonstrating how they work together to improve patient care, the patient experience, and clinical and operational outcomes. ♦



Family Health Centers *Earn* Patient-Centered *Recognition*

Samaritan has always been committed to putting the patient first, and in 2019, its eight Family Health Network locations were recognized for providing patient-centered care. The following primary care locations earned recognition from the National Committee for Quality Assurance (NCQA) as NYS Patient-Centered Medical Home (PCMH) practices at the 2017 standard, the most recent standard available. Their success was also profiled in a case study encouraging other NYS health centers to become PCMH recognized.

- Adams Family Health Center
- Cape Vincent Family Health Center
- Clayton Family Health Center
- SMART Clinic (Graduate Medical Education, Watertown)
- Lacona Family Health Center
- LeRay Family Health Center
- Watertown Family Health Center
- Sackets Harbor Family Health Center

A coordinated effort on Samaritan's end has led to patient-care success; specifically, this work has led to decreased Emergency Department visits and lower A1C levels in diabetic patients.

In addition, the following improvements have been made:

Better Communication: Communication has improved across the organization – both clinician-to-clinician and patient-to-clinician. This has led to better provider and patient engagement.

Stronger Care Management: A care management program allows patients to spend more time with a nurse discussing complex or detailed health concerns. This helps patients better manage chronic conditions.

Patient-Centered Access: Clinical access has shifted away from provider availability, focusing more on patient needs. This means patients with urgent care needs can be seen sooner.

Behavioral Health Integration: Process improvements have increased behavioral health screenings by tens of thousands per year. Integration of a Licensed Clinical Social Worker (LCSW) into the practices means primary care physicians can bring in a behavioral health professional immediately if they suspect possible life-threatening issues.

Population Health Management: Process and workflow changes, combined with stronger health information technology infrastructure, has led to better overall population health management.

Samaritan Medical Center received its first PCMH recognition in 2011. This is the second time it has received the NYS PCMH 2017 recognition, a state-specific program that builds upon the national PCMH model and was rolled out in April 2018. ♦



Collaborating to Better Our Region's Health

Samaritan Medical Center partnered with the Jefferson County Public Health Service, Carthage Area Hospital and River Hospital to develop Jefferson County's 2019 – 2021 Community Health Improvement Plan. This plan was supported by the Fort Drum Regional Health Planning Organization (FDRHPO), which coordinated its development and conducted a comprehensive community health assessment (CHA) to identify areas of concern. This county-wide plan aligns with New York's Prevention Agenda, the state's health improvement plan.

The Community Health Improvement Plan establishes strategies to tackle some of Jefferson County's most pressing health issues. The county public health office and the hospitals will together promote cessation of tobacco use and vaping, improve disease self-management skills for patients with chronic illness, prevent opioid overdoses, increase use of mental/behavioral health screenings (coupled with brief interventions/referrals to treatment for patients identified at risk), engage in suicide prevention activities, prevent childhood tooth decay and improve human papillomavirus (HPV) vaccination rates. ♦

The Community Health Improvement Plan is available for review at www.samaritanhealth.com, as well as on the websites of all the partner organizations.



For Clifton-Fine Hospital, the smallest hospital in New York State, 2019 was a year of great change and great opportunity.



Dierdra Sorrell was brought on as Clifton-Fine's new CEO in January. Previously, Dierdra worked as Director of Nursing for Outpatient Services at Samaritan. She came to recognize her employer as Clifton-Fine's greatest ally and champion. In her new role, she has begun to explore new opportunities for both operations.

In 2019, the clinical relationship between Clifton-Fine and Samaritan only grew stronger as both worked together to improve innovation, quality and cost-savings at Clifton-Fine. Some specific areas of collaboration include: Medical Director support, certified dietitian service, occupational therapy oversight of swing bed patients, linen services, at-home sleep studies, billing services and revenue cycle oversight.

Along with this improved clinical integration with Samaritan, the Clifton-Fine team focused efforts on unsafe conditions and medication events, which have resulted in a 50% reduction in both of these quality metrics.

Staffing at Clifton-Fine also became more stable. The hospital signed a contract with the Apogee Hospitalist Group, forming a new provider staffing model that will significantly increase the amount of inpatient/swing bed coverage at Clifton-Fine. Additionally, Clifton-Fine has successfully recruited a full-time nurse practitioner to be in place early in the summer of 2020.

As Clifton-Fine has evolved to meet the needs of its community, New York State has noticed. The hospital was awarded \$4.6 million in New York State Transformational Grant money in 2019, which will be used to complete critical facility infrastructure improvements, build a new emergency department and provide upgrades to the patient rooms.

Small but mighty, Clifton-Fine Hospital is progressing towards better patient outcomes, more services and improved infrastructure. Samaritan's partnership plays a vital role in strengthening this critical access hospital for all patients in the remarkable Adirondack region.



▼ Kristin LaClair and Aaron Naklick represent Samaritan at the Greater Watertown North Country Chamber of Commerce's Farmers' Market.



▼ Samaritan participates in the 2019 Armed Forces Day Parade in Watertown.



Samaritan was there.

► Samaritan President and CEO Thomas Carman rides with a soldier in the 2019 Armed Forces Day Parade in Watertown.



► Deborah Lamora, Karen Varescak and Kristin LaClair represent Samaritan at Fort Drum's Baby Palooza event.



► Pat Dooley, RN, Interventional Radiology; Sarah Mangold, LECOM Medical Student, OMS-3; and Eunice Jacob-Charly, DO, table for Samaritan at the Thompson Park Zoo's "Doc's Clinic Family Health Fair."



► Jesse Roshia, Kristin LaClair and Trent Myer try on costumes before they are donated to the Children's Home of Jefferson County.



► Samaritan staff participate in ACR Health's "First Frost" HIV/AIDS Prevention Walk at Thompson Park.



► Samaritan's 2019 North Country Heart Walk team.



▲ Randy Fipps and Alex Peer hand out turkeys to Samaritan staff before Thanksgiving 2019.

◀ Samaritan President and CEO Thomas Carman accepts the Greater Watertown North Country Chamber of Commerce's 2018 Business of the Year Award from the Chamber's Kayla Perry.



▲ The Children's Miracle Network tables at the Salmon Run Mall.



▲ The Flower Memorial Library sets up a display of wellness-related books in Samaritan's cafeteria during Samaritan Experience Week 2019.



◀ Former Watertown Mayor Joe Butler Jr. and Samaritan's Emergency Department Clinical Nurse Educator Hannah Sherrill celebrate the Proclamation of National Emergency Management Services Week between May 19-25, 2019.



▲ Sarah Mangold and Patricia Frith, both third-year Osteopathic Medicine students, volunteer at the USO "Trunk or Treat" event on Fort Drum.



▲ Patricia Frith and Jean-Claude Guidi, both third-year Osteopathic Medicine students, volunteer at the Thompson Park Zoo's "Doc's Clinic Family Health Fair."

Fort Drum

Fort Drum and the U.S. Army's 10th Mountain Division have had a special relationship with Samaritan for more than 30 years, and that relationship continued to grow in 2019.

As our nation's only active-duty Army division installation without a hospital on post, Fort Drum relies on community hospitals like Samaritan Medical Center to provide care to soldiers and their family members. This unique healthcare model delivers a level of care that meets or exceeds the quality found in military hospitals, and it fosters a deeper connection between soldiers, military families and the civilian community. Samaritan's partnership with Fort Drum is a point of pride for all of its employees.

An estimated 50,000 active-duty soldiers, retirees, civilian employees and their family members benefit from this integrated care model. Samaritan Medical Center and its physicians are responsible for 95% of the care provided locally to patients covered by TRICARE. With this critical mass of patients come significant improvements in healthcare access and quality for both our military and civilian community members. These include:

- A greater demand for specialists not otherwise found in a rural setting, resulting in more doctors being recruited and new services being added.
- Military doctors practicing side-by-side with civilian doctors – delivering babies and performing surgeries.
- Fresh perspectives and new ideas from military family members, who work alongside civilian employees in the hospital, clinics and nursing homes.
- Thousands more patients turning to Samaritan Medical Center for care, increasing volume in areas like maternity,

Fort Drum soldiers and family members account for a significant percentage of our patients, including:

BIRTHS
46.2%

NICU DISCHARGES
39.1%

PEDIATRIC DISCHARGES
27.4%

IMPATIENT MENTAL HEALTH DISCHARGES
26.8%

EMERGENCY DEPARTMENT VISITS
24.7%

behavioral health and surgery. This increased volume of patients creates more opportunities for providers to build experience and deliver expert medical care to the entire community. It also contributes to the long-term financial stability of the Samaritan Health System.

- Tighter bonds and a vibrant sense of patriotism and pride across the entire community.

Samaritan's leadership and staff work closely with Fort Drum officials to ensure we are meeting and exceeding the needs of our military population. We meet regularly with officials and we welcomed the following individuals to the new Fort Drum Command Group in 2019:

- MG Brian Mennes, Commanding General, 10th Mountain Division
- BG Brett Funck, Deputy Commanding General for Operations
- BG Michelle Schmidt, Deputy Commanding General for Support
- Col. Jeffery P. Lucas, Garrison Commander
- Col. Robert Heath, MEDDAC Commander, and new to the Samaritan Medical Center Board
- CSM Wendy Menendez, MEDDAC

Beyond working closely with Fort Drum leadership, Samaritan also maintains strong partnerships with various organizations that support military families.

In 2019, we successfully helped transition the Army's TRICARE insurance provider from HealthNet to Humana, making sure our patients experienced no lapse in coverage. We also developed a new partnership with the Fort Drum USO and Northern New York-Fort Drum Chapter of the Association of the United States Army (AUSA), sponsoring events that benefited military families and advocated on behalf of Fort Drum.

Samaritan Medical Center's role in keeping Fort Drum relevant means ensuring our unique healthcare model remains efficient and responsive to the Army's ever-evolving needs. Over the past several years, the success of our healthcare delivery model has attracted the attention of top decision-makers in the federal government, the U.S. Army and the Department of Defense. In 2019, Samaritan Medical Center hosted visits by numerous high-ranking officials to showcase this model's success, including:

- BG Michael Place, Commander MEDDAC-East Coast
- U.S. Representative Elise Stefanik
- Courtney Kum, Military Legislative Assistant for U.S. Representative Stefanik
- Major Michael Frey, Legislative Liaison
- Major Cheryl Shefchik, Army Defense Fellow ♦



In Fall 2019, Samaritan welcomed the first Fort Drum baby born at our new Car-Freshner Center for Women and Children. Congratulations to the Burks Family on the birth of their baby girl and thank you for allowing us to be a part of welcoming your daughter into the world!



2019 Medical Staff

Allergy & Immunology

Dariusz Chrostowski, MD

Anesthesiology

Tom T. Chen, MD

Eric N. Duah, MD

Calvin A. Eng, MD

Diemthuy Nguyen, MD

Jin Qi, MD

Irvin R. Sanchez, MD

Jarmila Slezkova, MD

Edwin N. Urf, Jr., DO

Breast Surgery

Agnieszka K. Dombrowska, DO

Cardiology

David H. Antecol, MD

Mirza M. Ashraf, MD

Fritz Roc, MD

Vojtech Slezka, MD

James E. Willis, MD

Dentistry

Hans W. Wawrousek, DDS

Dentistry - Pediatric

Andrew A. Beuttenmuller, DDS

Chelsea A. Eppolito, DDS

Maria L. Ybarra, DDS

Dentistry - Oral Surgery

Reed Attisha, DMD, MD

Logan R. Curtis, DDS

Bruce J. Dines, DMD

Hiram A. Garcia-Rivera, DMD

Gerald J. Schneeberger, DDS

Dermatology

Casey M. Chern, MD

Nathanial R. Miletta, MD

Zachary P. Nahmias, MD

Ear, Nose & Throat

Richard B. Abriss, MD

Tony C.Y. Chuang, MD

Albert A. McClain, MD

Norman R. Weir, MD

Emergency Medicine

Philip A. Chafe, MD

Sarah A. Delaney-Rowland, MD

David J. Flint, MD

Maja Lundborg-Gray, MD

Matthew D. Maynard, DO

Brian D. Roggie, MD

Craig Schiff, DO

Endocrinology

Claudia B. Fish, MD

Family Medicine

Paula M. Brooks, MD

John J. Burnett, DO

Caitlin M. Donegan-Tartell, DO

Jon A. Emerton, MD

Nancy Girard, DO

Stephen T. Grybowski, MD

Aaron D. Huizenga, DO

M. A. Moid Khan, MD

Daniel W. Krebs, MD

Jill Laureano-Surber, DO

Charles Moehs, MD, MPH

Damian M. Ray, MD

Benjamin D. Rudd, MD

Jack Rush, MD

Brogan M. Schoeneman, DO

Svetlana C. Shah, MD

Kate E. Skipton, MD

Ryan E. Tyler, MD

John W. Weston, DO

Joseph F. Wetterhahn, MD

Jason F. White, MD

Karen A. Williams, MD

Gastroenterology

Chaitanya K. Chandrala, MD

David Reindl, MD

Gerald S. Weinstein, MD

General Surgery

Eduardo B. Barayuga, MD

Daniel A. Bryden, DO

Leo J. Gosselin, Jr., MD

Robert O. Kimball, MD

Gynecology & Urogynecology

Nanci L. Hawkins, MD,

FACOG, FPMRS

Hematology/Oncology

Day F. Hills, MD

Sara J. McGee, MD

Hospitalist

Dmitry A. Drozhzhin, DO

Joan C. Guevarra, MD

Jie He, MD

Imtiaz A. Khokhar, MD

Nsekenene Kolongo, MD

Gillian V. Kupakuwana-Suk, MD

John S. Laldin, MD

Anita N. L. Lwanga, MD

Daniel E. Morgan, DO

Vijesh Patel, MD

Nazeel Qureshi, MD

Aruna Ray, MD

Gurpreet Singh, MD

Yu Sung, DO

Infectious Disease

Marylene J. Duah, MD

Internal Medicine

Laura Boggs, DO

Aaron B. Campbell, DO

Collins F. Kellogg, Jr., MD

Julie M. Lapointe, MD

Frank Rhode, MD

LaVerne R. VanDeWall, DO

Interventional Radiology

Sima Banerjee, MD

Neonatology

Craig Guerin, DO

Karl J. Komar, MD

Nephrology

Jahangir A. Randhawa, MD

Khalid P. Sindhu, MD

Wajeeha K. Sindhu, DO

Neurology

Mohsin Ali, MD

Abdul Latif, MD

Sundus Latif, MD

Samah O. Mohiuddin, MD

Neurosurgery

Farook Kidwai, MD

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Kenya Cain, MD

Elliott S. Cohen, MD

Christopher Cole, DO

Walter Dodard, DO

Luat N. Le, DO

Al Maloney, MD

Jonathan R. Oliva, DO

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Robert K. Silverman, MD

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Ophthalmology

William G. Crane, Jr.,
DO, FACS

David Ewing-Chow, MD

Debra A. Koloms, MD

Noaman Sanni, MD

Matthew A. Weinstein, DO

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Paul A. Carey, MD

Paul S. Curtis, MD

Steven B. Fish, MD

Holden D. Heitner, MD

Andrew N. Markwith, MD

Scott W. N. Mollison, MD

Natalie M. Nielsen, MD

Dionisio Ortiz, MD

Bartlomiej W. Szczech, MD

D. Peter
VanEenaam, MD

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Ivan E.
Montalvo-Otano, MD

Pathology

Shahandeh Haghiri, MD

Michael B. Kelleher, MD

Samuel A.

Livingstone, MD

Brian T. Pavlovitz, MD

Yilin Zhang, MD

Pediatric Cardiology

Nader H.

Atallah-Yunes, MD

Craig J. Byrum, MD

Matthew J. Egan, MD

Daniel A. Kveselis, MD

Christopher J.

Prendergast, MD

Frank C. Smith, MD

Lauren E. Tague, MD

Pediatrics

Farhana Asim, MD

Fozia Bakshi, MD

Myla D. Estepa, MD

Alfred L. Gianfagna, MD

Joseph C. Gianfagna, MD

Shari M. Hogan, MD

Flavia Jung, MD

Khalil Kardooni, MD

Josiree Ochotorena, MD

Stephanie A. Oliva, MD

Fernando S.

Ongkingco III, MD

Sandra E. Timerman, MD

Mario F. Victoria, MD

Physical Medicine & Rehabilitation

Ariana Brooks-James, MD

Howard H. Huang, MD

Plastic Surgery

Deana Paley, DO

Podiatry

Nathan D. Ashby, DPM

Andrew R. Majak, DPM

James P. Pelletier, DPM

Psychiatry

Kathrine E. Adams, DO

Alberto Blasi, MD

Sadaqat N. Khan, MD

Jason G. Lulejian, DO

Eric R. MacMaster, MD

Astrid M. Otten, MD

Maritza

Santana-Garcia, MD

Psychiatry Child & Adolescent

Anthony F. Yacona, MD

Pulmonary/Critical Care

Vivian Keenan, MD

Lawrence G. Kramer, MD

David P. Rechlin, DO

Rory A. Sears, DO, FCCP

A. Melynn

Youngblood, MD

Radiation Oncology

Daniel S. DeBlasio, MD

Radiology

John W. Gebert, MD

Daniel S. Gray, MD

Mark Kwalbrun, MD

Patrick J. Lanigan, MD

Dean J. Phillips, DO

Joseph V. Scrivani, MD

John J. Wasenko, MD

Jeffrey D. Way, MD

Daniel J. Weber, MD

Rheumatology

Su Yien Zhaz, MD

Thoracic Surgery

Robert J. Johnson, MD

Urology

Kevin L. Chandler, MD

Deborah L. Wilson, MD

Vascular Surgery

Sara Cederstrand, MD

James Timothy Riley, MD

Wound Care

James V. Stillerman, MD

Medical Executive Committee – 2019

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of the Medical Staff

John Barrett, MD,
Vice President of the
Medical Staff

Daniel DeBlasio, MD, Secretary/
Treasurer of the Medical Staff &
Chair, Credentials Committee

Marylene Duah, MD,
At-Large Member

Brian Pavlovitz, MD,
At-Large-Member

Daniel Sessions, MD,
Military At-Large Member

Irvin Sanchez, MD, Chair,
Department of Anesthesiology

Sarah Delaney-Rowland, MD,
Chair, Department of
Emergency Medicine

Matthew Maynard, DO, Chair,
Department of Medicine

Jonathan Oliva, DO, Chair,
Department of OB/GYN

Joseph Gianfagna, MD, Chair,
Department of Pediatrics

Maritza Santana-Garcia, MD,
Chair, Department of Psychiatry

Dean Phillips, DO, Chair,
Department of Radiology

Peter VanEenaam, MD, Chair,
Department of Surgery

David Rechlin, DO, Director,
Medical Education

Collins Kellogg, Jr., MD, Chair,
Medical Management Committee

Rory Sears, DO, Chair,
Peer Review Committee

Vacant, Hospitalist
Representative

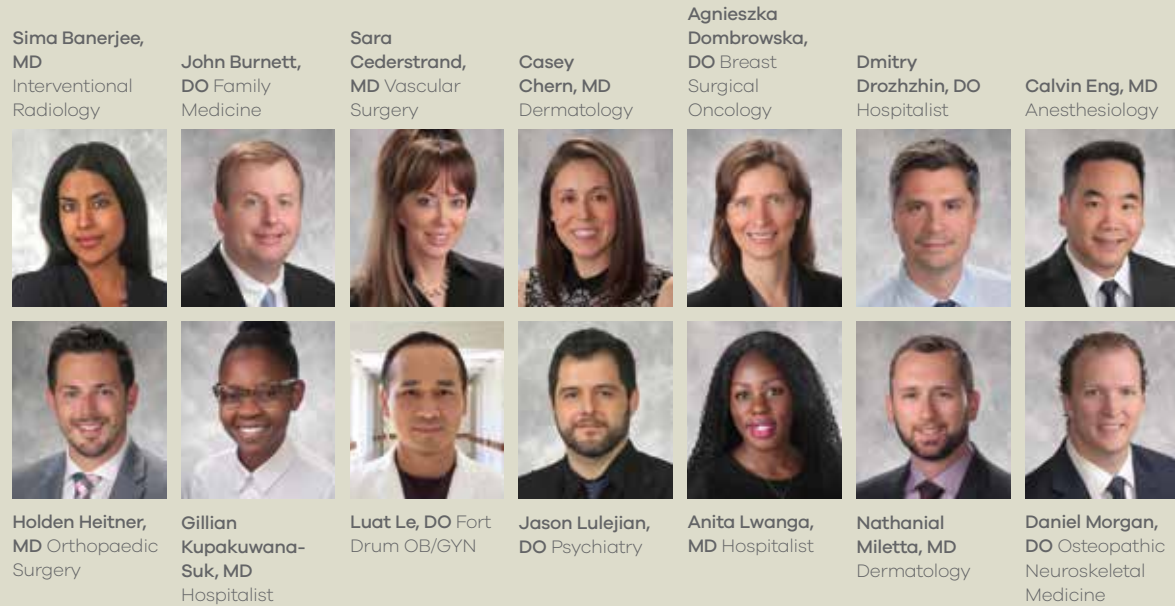
Robert J. Johnson, MD,
Chair, Cancer Committee

Mario Victoria, MD, Chief Medical
Officer (ex-officio without vote)

Thomas H. Carman, President/
Chief Executive Officer
(ex-officio without vote)

Samaritan Welcomes New Physicians

Samaritan was pleased to welcome 14 new physicians to its medical staff in 2019.



Samaritan Nurses, Making a Difference Every Day

Every day, our patients rely on the education, expertise and compassion of our nursing staff. As part of our National Nurses Week celebration, Samaritan Medical Center and its Medical Staff established a program to formally recognize the outstanding achievements of our nursing professionals.

Qualified medical providers from Samaritan were invited to nominate nurses based on their outstanding contributions to the professional practice of nursing in the areas of: Quality and Safety, Education and Mentorship, Leadership, Excellence in Nursing Practice, Innovation and Leading Change, and Rookie of the Year. A total of 46 nurses were nominated and eight nurses were chosen by the selection committee from the Medical Staff as recipients. ♦

Left to Right: Excellence in Nursing Practice, SMC: ShyLeigh Gushlaw, RN, Surgical Services/OR; Quality & Safety: Amanda Rosen, RN, Progressive Care Unit; Rookie of the Year: Carol Lynn Reichert, RN, Inpatient Mental Health Unit; Excellence in Nursing Practice, LTC: Shanin Maitland, LPN, Samaritan Keep Home 8th Floor. **Back row from left:** Leadership Award: Donna MacPherson, Nurse Manager, Samaritan Keep Home 8th Floor; Innovation & Leading Change: Paulina Quay, RN, Emergency Department; Education & Mentorship: Jacqueline Queen, RN, Intensive Care Unit; Excellence in Nursing Practice, Clinics: Santana LaVancha, LPN, Samaritan Family Health Network - Plaza.

Graduate Medical Education (GME) Program

One of Samaritan's best kept secrets is being a teaching hospital for new doctors. Having this unique aspect benefits our entire community as Samaritan is able to engage our medical staff in shaping young physicians. It also serves as a recruiting tool, through which some graduates have decided to stay and provide care in our area. Resident physicians receive high-level experience while serving our community by providing much needed primary care.

Hailey Sparacino, DO, has been training at Samaritan for five years – the first two as a medical student and the last three years in the Family Medicine residency program. Now, in her final year of training at Samaritan, Dr. Sparacino, a native of California, enjoys telling her story and the incredible experiences she has absorbed while here.

"Medicine is really a mentorship, which is why it is important to have a teaching hospital here," Dr. Sparacino said. "Doctors like to teach, and we see that a lot with the medical staff. Our attending physicians are always willing to answer questions and help us through complex medical problems. I have thoroughly enjoyed my time

in this area and have learned so much during this process. Our program emphasizes our involvement in local programs and organizations and how we, as young doctors, can make a positive impact in this community."

During three years, resident physicians in our Internal Medicine and Family Medicine residency programs care for hospitalized patients and all of the medical specialties, obstetrics and pediatrics. Many office-based practices also participate in our residents' education. Resident physicians evaluate patients in extended care facilities and at community sites like Jefferson Community College and the Watertown City School District. Additionally, Samaritan's resident physicians help operate their own community-based clinic at the Samaritan Health & Wellness Plaza, called the SMART (Samaritan Medical Academic Residency Training) Clinic. In 2019 alone, more than 4,000 patients – many of which do not have an established primary care provider – received care here.

The experience these young doctors receive is expansive and truly hands on. ♦



Dr. Hailey Sparacino, DO, FM



Front row kneeling: John Burnett, DO, FM; Gurpreet Kaur, DO, FM; Paul Tran, DO, FM; Jane Oosthuizen, DO, IM; Ciara Kazakis, DO, IM

Back row standing: Paula Brooks, MD, Associate Program Director (PD) FM; Benjamin Rudd, MD, PD FM; LaVerne VanDeWall, DO, PD IM; & David Rechlin, DO, DME/DIO



Front row kneeling: Holly Johnston, Clinical Coordinator; David Rechlin, DO, DME/DIO; Ciara Kazakis, DO, Internal Medicine (IM); John Burnette, DO, Family Medicine (FM); Gurpreet Kaur, DO, FM; Paul Tran, DO, FM; Jane Oosthuizen, DO, IM; Dawn Bastien, A-DME

2nd Row: Ashley Brisbin, PA-S; Eunice Jacob, DO, IM; Melissa Beshay, MD, IM; Kwabena Owusu-Boateng, DO, FM; Paula Brooks, MD, Associate Program Director (PD) FM; Benjamin Rudd, MD, PD FM; LaVerne VanDeWall, DO, PD IM; Hailey Sparacino, DO, FM; Bareeqah Ahmad, DO, IM;

3rd Row: Mackenzie Meyer, PA-S; Kaitlyn Fromknecht, OMS-3; Janessa Haasbeek, OMS-3; Benjamin Kitko, OMS-4; Jack Barkin, DO, Traditional Rotating Intern (TRI); Alec Bernard, DO, FM; Adam McSherry, DO, FM; Angela Chen, DO, FM; Joseph Arellano, OMS-3; Matthew Springer, DO, FM; Jamie Wilcox, Clinical Coordinator

Samaritan Auxiliary 2019

A tradition of quality care.

The Samaritan Auxiliary was established in 1896 to serve as ambassadors and volunteers to support and enhance healthcare programs at the House of the Good Samaritan. Today, the Auxiliary's 232 members play a vital role in improving the quality of care in the Samaritan system through volunteer activities and financial support.

2019 Samaritan Auxiliary Accomplishments

1. Proceeds from the 2019 One Night, One Diamond purchased a tissue tracker for tissue implants, as well as an Oncologic Navigation System to help manage the continuum of care for oncology patients at the Walker Center for Cancer Care at Samaritan Medical Center.
2. Managed three Auxiliary Gift Shops and Starbucks Coffee Shop.
3. Continued support of our youngest patients in the Emergency Department and Surgical Care Center with stuffed animals, coloring books and crayons.
4. Continued our Pledge Commitment of \$500,000 to the Walker Center for Cancer Care.
5. Provided two \$1,500 scholarships to Samaritan employees to further their education.
6. Continued to fund and provide tours at Samaritan Medical Center to 400 second-graders in Jefferson County.
7. Trained 76 new volunteers for SMC, SKH and SSV, including college students and teen volunteers.
8. Provided a flower for each SSV and SKH resident's birthday and 17 Watertown Daily Times newspapers daily for patients at Samaritan Medical Center.
9. Supported our WHALE (We Have A Little Emergency) child safety seat ID program and That's Using Your Head, a helmet ID safety program, in conjunction with our Kinney Drugs Foundation partner and 7News/Fox28/MeTV North Country media partner.

The 17th Annual One Night, One Diamond

Samaritan Auxiliary's 17th annual One Night, One Diamond fundraiser enjoyed another successful year in 2019, attracting more than 400 attendees and many generous donors and sponsors.

Proceeds from the event, which totaled more than \$60,000, are being used to purchase medical equipment to help cancer patients and patients receiving tissue implants.

One of the items Samaritan Medical Center purchased with the funds raised is a tissue tracker. Tissue trackers monitor donated tissue—which can include skin, valves for vascular surgery, bone fragments, or ligaments and tendons—from the time it enters a medical facility until the moment it is implanted into the patient.

Proceeds also supported the purchase of an Oncologic Navigation System to help manage the continuum of care for oncology patients at the Walker Center for Cancer Care.

Thanks to the gracious generosity of our community and beyond, the Samaritan Auxiliary was able to invest in two pieces of technology that will help countless people.

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Diamond and gems donated by Cook's Jewelers

Volunteer Accomplishments 2019

Whether they're greeting guests at our facilities or providing comfort and companionship to our patients and residents, our volunteers have always put others before themselves. It's one of the many qualities that makes each and every volunteer a valued member of the Samaritan Family. In 2019, our volunteers logged 20,667 hours between Samaritan Medical Center, Samaritan Keep Home and Samaritan Summit Village. It's made a tremendous difference for our community, and we couldn't be more proud. ♦

Volunteer Highlights:

Ayden Booth

"This program has taught me so many things and given me many opportunities to learn more about the medical field, community, responsibility and social skills. I choose to volunteer because I would like to join the medical field in my future. Also, I am a very social person, so volunteering is a good thing for me to do, especially at Samaritan. My main focus right now is the information desk where I help patients and families find where they need to go. My work environment is great, and I'm always helping people whether it's patients, families or even staff. Since I started, I have had the opportunity to observe doctors and nurses who take time out of their day to walk me through what they are doing and teach me more about what they do."



Lee LaVanchard

"I've always had a passion for helping people, especially elderly people. So when one of the ladies at the Samaritan Summit Village salon asked me if I wanted to volunteer, I immediately said yes. I love

the residents, and how much fun we all have in the salon. The rewards are endless – knowing that you have made someone laugh or smile or that you have brightened their day."

Supporting Child Safety

The Samaritan Auxiliary is proud to bring the child car seat safety program "WHALE," which stands for "We Have a Little Emergency," to Jefferson County in conjunction with Kinney Drugs Foundation and 7News/Fox28/MeTV North Country. In the event of a motor vehicle accident that injures, traumatizes or kills the driver and passengers, WHALE makes it possible for rescue personnel to identify children riding in the vehicle's child safety seats. In some cases, the driver and passengers may not be related to the child, making conventional means of obtaining information ineffective, resulting in a delay in obtaining necessary medical information about the child.

The Samaritan Auxiliary is also proud to support a helmet identification program called "That's Using Your Head." In the event that a child is injured in an accident while on a bicycle or other activity requiring a helmet, such as rollerblading or skiing, a sticker on the sides of the helmet signals to emergency medical responders that there is identifying information inside the helmet. The sticker inside the helmet contains information written in permanent marker, such as name, date of birth, address, medical information and emergency contact names and numbers. ♦



Samaritan Medical Center Foundation 2019

Dear Friends,

2019 was a year brimming with progress and success. I am proud to report that Samaritan's capital campaign, "The Healing Power of Progress," exceeded our goal by raising \$7.1 million. Thank you! We are truly grateful for each and every gift of support. Our community, long-term donors, new friends, and our own Samaritan staff and physicians continue to amaze me with their generosity.

October 2019 marked the one-year anniversary of the opening of the Walker Center for Cancer Care, one of the priority projects that received funding from the capital campaign. We are happy to have this tremendous facility here for our community. In 2019 alone, the Walker Center saw more than 2,600 patients in 12,795 visits. This year also marked the ribbon cutting for the new entrance to the Car-Freshner Center for Women and Children. This project, like the Walker Center, benefited from the capital campaign and is scheduled for completion in 2021.

The Samaritan Foundation exists to financially support the Samaritan Health System, and your continued engagement and dollars of support help to provide updated technology and equipment, as well as new programs and services that are critical in keeping cutting-edge healthcare in our area.

On behalf of our Board of Trustees and the entire Foundation staff, I say thank you to our donors, financial partners, and supporters who have joined us in our efforts to help make Samaritan the best place to receive and provide care. We appreciate all you do. ♦

Sincerely,

KI LaClair

Chair, Samaritan Medical Center Foundation of Northern New York

Thank you
to our
generous
friends



In Memoriam: Samaritan Society Donors

We will truly miss one of our most loyal supporters, Dr. Douglas Sanford, who passed away March 7, 2019. Dr. Sanford was a respected ear, nose and throat specialist in Watertown for more than 34 years. Along with being a Samaritan Society member with his wife, Mary, he also served a five-year term on the House of the Good Samaritan's Board of Trustees and gave of his time as president of the hospital's medical staff from 1980 to 1981 along with chairing the Ear, Nose and Throat Department and Operating Room Committee for several years.



Douglas Sanford, MD

Our community felt a deep loss with the passing of Dr. Andrew Crossley on September 3, 2019. Dr. Crossley practiced dentistry for many years in Watertown. We are so appreciative of Dr. Crossley's longtime generous support and friendship. He consistently recognized and honored so many special people in his life by making a donation to Samaritan's Memorial and Honorarium program.



Andrew Crossley, DMD

Memorials and Honorariums

We know that honoring and remembering a special loved one is important to you, and it is important to us as well. Memorial and honorary gifts to the Samaritan Medical Center Foundation create a lasting tribute to family members, friends and those who hold a meaningful place in your life while also providing valuable financial support to Samaritan.

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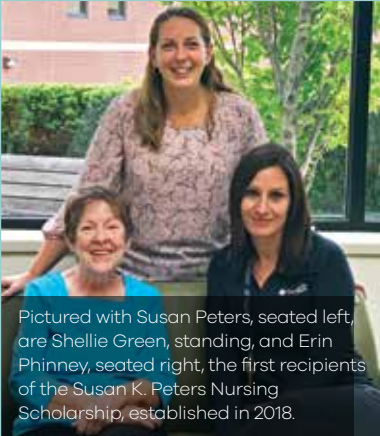
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Pictured with Susan Peters, seated left, are Shellie Green, standing, and Erin Phinney, seated right, the first recipients of the Susan K. Peters Nursing Scholarship, established in 2018.

Susan K. Peters Nursing Scholarship

The Susan K. Peters Nursing Scholarship was established in 2018 to assist with education costs for an RN who is continuing his or her education, specifically to pursue a Nurse Practitioner degree. Two scholarships of \$2,000 are awarded each year through the Samaritan Medical Center Foundation.

Mrs. Peters set up this scholarship because she wanted to make an impact on the future of nursing in our community while promoting the Nurse Practitioner profession, for which there is increased need due to the nationwide shortage of physicians. Sadly, Susan passed away on March 25, 2020, during the preparation of this report.

Congratulations to the 2019 Recipients of the Susan K. Peters Nursing Scholarship – Chika Egorho and Jillian Marra.

The Samaritan Society

We salute the leadership, dedication and outstanding commitment of the following individuals, organizations and corporations who are part of the Samaritan Society. Their generosity helps to ensure the highest quality care to patients and residents. Membership is extended to those who have committed to join the Society at a support level of \$15,000 or more.

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*Deceased



From Left: Cyril Mouaikel, KI LaClair, Tom Carman and Dr. Marlene Hajal Mouaikel.



Dr. LaVerne and Jeanne VanDeWall.



From Left: Phil Sprague, Katherine Kolton, JoAnn Wheeler, Emily Sprague and Cathy Quencer.

The 17th Annual North Country Festival of Trees

The 17th annual North Country Festival of Trees kicked off the holiday season, inviting the community to celebrate a “White Christmas” in support of healthcare services at Samaritan and children’s programming at the YMCA. This four-day event truly captured the spirit of the season with 82 beautifully decorated trees that transformed the Dulles State Office Building into a winter wonderland. These trees are auctioned off throughout the event and could be kept by the winning bidder or donated to a local nonprofit or family in need.

This year, six local school districts decorated and donated trees for the community raffle – a special thank you to the Watertown, South Jefferson, Belleville Henderson, IHC, Sackets Harbor and Carthage school districts for their participation and support.

The Gala and Sugarplum Ball drew over 1,000 attendees, and hundreds more attended the Festival for public viewings during the four-day event.

This large event would not be possible without the creativity and generosity of our community. Thank you to our sponsors, donors, decorators and volunteers who helped create a magical event for local families and for supporting healthcare services and programs at Samaritan and the YMCA. ♦



Festival of Trees Committee:

Santina Baker, Mary Corriveau, Shawna Cutuli, Beth Fipps, Julie Hall, Sara Klotowski, Kl LaClair, Kimberly LaForty, Michelle Leo, Maureen Lundy-Way, Nancy Martel, Dedra Morgia, Steve Rowell, Pattie Schreck, Melissa Schmitt, Emily Soderquist, Rebecca Wallen, Barbara Webber



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The following is a list of generous donors who have contributed \$150 or more to the Samaritan Foundation and the Children's Miracle Network in support of quality healthcare - we are grateful for your support!

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"I have been very pleased with the care I have received from Samaritan for both myself and my wife over the years, and we are fortunate that Samaritan is located right here in Watertown. I am happy to donate when I can to help our local hospital."

Tony Tarzia, Patient and Donor

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"Children's Miracle Network Hospitals at Samaritan helped ensure that we could pay our rent and bills to keep a roof over our heads and take care of our children even when away from home. We are beyond grateful to have the love, support and life-long friendships that we have built with other Children's Miracle Network families."

Amanda Graveline, Children's Miracle Network Miracle Mom

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“I dedicated the Rosen Award of \$20,000 to a treatment room at the Walker Center for Cancer Care at Samaritan in memory of my mother, Linda Allen, who did not have the option of a local cancer treatment center during her own battle with cancer. I wanted to honor the center’s commitment to expanding care to the Watertown community.”

Kim Allen, winner of the Rosen Award Grant through Ameritas; Managing Partner, United Professional Advisors, LLC & Co-Founder, United Wealth Advisors Group, LLC

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Dr. Kim Memorial Garden

In 2017, we lost a dear friend to a tragic motor vehicle accident. Dr. Moonjohn Kim was a gifted physician who was respected and beloved by colleagues, staff and patients. Fueled by generous donations throughout the community, the Dr. Kim Memorial Garden was created to symbolize the permanence of Dr. Kim's legacy at Samaritan.

His wife, Clara, and children Jonathon, Julianne and Johanna helped Samaritan dedicate the new gardens, which are located near the main physician's entrance of the hospital.



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22nd Annual Thousand Islands Golf Classic

The 22nd annual Thousand Islands Golf Classic once again brought in more than \$90,000 to support quality healthcare in our region. To kick off the two-day event, guests enjoyed a delicious meal, live music and a beautiful view of the St. Lawrence River at the Edgewood Resort, while bidding on auction items donated by our generous community.

We couldn't have asked for better weather for the golf tournament, hosted at the Thousand Islands Country Club

on Wellesley Island the following day. Thirty-six teams consisting of our corporate friends and individual donors enjoyed the sunshine while golfing for a good cause.

Half of the funds raised from this year's event have been designated to support our new Car-Freshner Center for Women and Children at Samaritan. Thank you to everyone who made this fundraising event a great success. ♦



Committee:

Chair, Corry Lawler; Dave Adsit; Santina Baker; Robert Crowe; Beth Fipps; Brian Fraser; Kimberly LaForty; Peter Pike; Samantha Robbins; Andy Short; Patricia Tague; Dr. David VanEenenaam; Joe & Lisa Weber; Michael Yonkovig



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Heart to Heart Grateful Patient Program

Ever wonder how you can show your gratitude to the people who made the biggest difference when you or a loved one needed medical treatment?

The Heart to Heart Grateful Patient Program at Samaritan gives patients, residents, and their families and friends the opportunity to show gratitude to an individual or department who played a special role in their care. When a gift is made, the honoree or department receives a special certificate and lapel pin to wear proudly. A donation of any size can be made.

In 2019, \$6,550 was donated on behalf of 21 Samaritan caregivers and departments who made a valuable impact on our patients and residents.



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Gretchen Sullivan	Laurie Quencer	Operating Room
Samaritan Co-workers	April Rivers	Samaritan Float Staff
Harry & Peggy Bracken	Samaritan Caregivers	Samaritan Medical Center
Lydia Hershberger		
Eli & Barbara Hostetler		
Robert Partridge		
Mike & Miriam Plummer		
Fannie & Jacob Swartzentruber	Joseph Sanzone	Pharmacy
Jonathon Swartzentruber		
Dan Troyer		
Nursing Leadership Team	Linda Turner	Financial Counseling
Moses & Lydia Stutzman		

The Stevens Legacy Society

This recognition society was established in honor of Dr. Henry M. Stevens, Samaritan’s first Board President in 1881. Those donors who provide support for Samaritan through wills, trusts and other deferred giving plans are included in the Stevens Society. Recognized this year are new members Mr. & Mrs. Addison F. Vars, III.

Walter S. Atkinson Trust Fund*	Virginia M. LaPlante*
Kathleen E. Baker*	Blanche Livermore*
Josephine M. Bingham Estate*	Richard & Mary Macsherry*
Leola M. Blosse*	Dr. & Mrs. Ralph J. Marilley
Vivian Bray*	John F. Marsellus*
James H. Cox*	Verna Martiney Trust in Memory of Bertha Martiney*
Patrick Currier	Joseph W. Martiney*
Les* & Marsha Deming	Mary & Ted Mascott
Thomas L. Dunbar*	Carol A. McGowan
Mrs. Richard Ennis*	Andrew F. McNally, III*
Noni M. Farmer*	Anthony M. Menkel, Jr.*
Dorothy A. Farrell*	Michael C. Miller*
Beth & Randy Fipps	Dean & Barbara Morrow
Violet G. Fuller*	Dr. Ronald & Mrs. Celia Perciaccante
Dr. David G. Gregor*	Charles & Susan Peters (65)
Shirley P. Griggs Trust Fund*	Harriet L. Pruyn Trust Fund*
William Hartman*	Emily Queior
Fred H. Jennings*	Charlotte Smith*
Walcott B. Jones*	Mr. & Mrs. Addison F. Vars, III
Dana Keefer	T. Urling & Mabel Walker
Earle J. Kelsey*	Joe & Lisa Weber
David C. Knowlton*	Loretta E. Wright*
Irene G. Kolton*	Martin & Linda* Yenawine
Dr. Karl J. Komar	

* deceased

Children’s Miracle Network 2019

Miracles from Heaven

With a little help from our angel up above, the 2019 Children’s Miracle Network Radiothon raised **\$140,647.43** in just three days.

This year’s Radiothon was dedicated to Storm Douglas Wood, who passed away in May 2019. Storm was a dear friend of DJ Johnny Spezzano, who hosts Radiothon, and a longtime member of the Children’s Miracle Network family. In 2018, Storm donated \$1,000 to the Radiothon, and this year, in his honor, any donor who gave at least \$1,000 became a “Storm’s Angel.” Each donor’s name was added to the “Storm’s Angel’s” plaque that proudly hangs in The Border 106.7 studio. Twenty-one generous donors made a gift of \$1,000 or more in Storm’s memory.

Storm’s Angels

- Mary Jo & Sterling Wood
- Stephanie Speakman
- Carter Young
- Joe Coniglio & Helen Reno
- A Cut Above Landscape and Lawn-Care
- Jaelyn Bura
- Lake Ontario Realty
- Rhonda & Madi
- Uncle Michael
- Buffy & Jerry Golden
- Ryan Allen
- North Country Express
- In Honor of Charlie Prior - RFB
- Irene & Tom Carman
- Kings Quarry
- Mike & Karen Doe and Joliese Haynes
- Randy, Beth & Maggie Fipps
- Robert Kimball
- Staff of Community Broadcasters
- Debbie O’Connor
- Thousand Island Ready Mix



The Border 106.7 DJ Johnny Spezzano steps away from the mic during the 2019 Radiothon to pose with buddy, Storm.

Meet Our 2019 Local Champion

Ryley Weaver, Carthage

Ryley is a happy, fun-loving and beautiful six-year-old girl!

She developed normally until about 12 – 18 months, when she was diagnosed with Rett Syndrome. Rett Syndrome is a debilitating neurological/movement disorder that primarily affects females which is caused by a single gene mutation that leads to the underproduction of an important brain protein.

Children’s Miracle Network Hospitals at Samaritan provides children like Ryley the opportunity to receive cutting-edge care and treatment through our Direct Family Assistance Program.

Ryley’s story was shared throughout the tri-county area during partner campaigns and at Children’s Miracle Network events. We are so proud to have had Ryley represent Samaritan as the 2019 Children’s Miracle Network Local Champion!

I would like to say thank you to Samaritan and the Children’s Miracle Network for allowing us to share our story for the last year! Time sure flew by. We had so much fun meeting all the people and lending our help. It has meant the world to me to have our story told all over the North Country and bring a voice to my beautiful daughter’s journey! Thanks again for all the love and support!

The Weaver Family



Samaritan’s President and CEO Thomas Carman presents Ryley with her 2019 Champion medal.



Ryley and her mom, Amber, at the 19th Annual Children’s Miracle Network Radiothon.

Change Kids’ Health, Change *The* Future

More than 10 million kids enter a Children’s Miracle Network (CMN) Hospital every year. Samaritan Medical Center is proud to be part of a network that provides the best care for kids throughout the North Country.

**In 2019, our Children’s Miracle Network Hospital
of Northern New York raised:**

\$438,651

**How does your dollar help patients at
Samaritan Medical Center?**

**Capital Project: Car-Freshner Center
for Women and Children**

\$100,000

(part of CMN’s 10-year, \$1 million commitment)

Purchase of Critical Pediatric Equipment

\$185,717

Direct Family Assistance Program

\$114,909

The Direct Family Assistance Program provides financial assistance to local families who have a child facing a medical crisis, to be used for travel expenses and other out-of-pocket medical costs. This program is unique to Samaritan. In 2019, 75 local families were helped, and 36 were new to the program.



A few of our miracle children shoot a commercial with media partner, WWTI ABC50.

How Do You Define *a* Miracle?

No one knows the importance of the Children’s Miracle Network more than the Nortz Family of Dexter.

In 2001, two-year-old Katy Nortz was not feeling well, so her parents, Brian and Tricia, took her to the doctor. Initially, the diagnosis was a summer virus. But when Katy did not get any better, the doctor admitted her for further testing.

When the results came in, the news was devastating: Katy had a cancerous tumor growing in her kidney.

She was immediately rushed to Syracuse, which began years of surgery and treatment. For her parents, that meant many expensive days of travel and overnight stays, while Katy’s medical bills continued to add up.

Fortunately, a family friend told Brian and Tricia about the Children’s Miracle Network at Samaritan Medical Center, which soon began working with the family to arrange for financial help during Katy’s medical crisis.

Thankfully, after numerous hospital stays, surgeries, chemotherapy and radiation, Katy was pronounced cancer free!

In 2019, Katy, now a student at Jefferson Community College, reached out to the Children’s Miracle Network looking for an opportunity to intern and give back to the organization that had helped her when she was a little girl.

Katy didn’t stop there – she decided to go “Over the Edge” and participated in a fundraiser through the United Way of Northern New York to benefit Children’s Miracle Network. Katy and her brother, Nick – who is also a miracle child, rappelled down Midtown Towers in Watertown, raising more than \$4,000 to help sick and injured kids in our community. ♦



▲ Katy at 3 years old going through chemotherapy and radiation. As she began losing her hair, she didn’t go many places without her favorite hat.



▲ Katy as a Children’s Miracle Network intern during Children’s Hospitals Week at Samaritan.



▲ Katy and her brother, Nick, shortly after going “Over the Edge” to raise funds for Children’s Miracle Network.



Samaritan Locations Listing

samaritanhealth.com

Samaritan Medical Center

830 Washington Street
Watertown, NY 13601
315-785-4000

Samaritan Medical Center Foundation of Northern NY

830 Washington Street
Watertown, NY 13601
315-785-4584

Children's Miracle Network of Northern NY at Samaritan

830 Washington Street
Watertown, NY 13601
315-785-4053

Samaritan Keep Home

133 Pratt Street
Watertown, NY 13601
315-785-4400

Samaritan Summit Village

22691 Campus Drive
Watertown, NY 13601
315-782-6800

Clifton-Fine Hospital

1014 Oswegatchie Trail Road
Star Lake, NY 13690
315-848-3351

Samaritan Home Health

104 Paddock Street
Watertown, NY 13601
315-782-0415

Addiction Services

1575 Washington Street
Watertown, NY 13601
315-779-5060

Dermatology

826 Washington Street
Suite 100
Watertown, NY 13601
315-786-7300

Ear, Nose and Throat & Gastroenterology

826 Washington Street
Suite 204
Watertown, NY 13601
315-788-1751

Family Health Center at Adams**

10881 NYS Route 11
Adams, NY 13605
315-232-4400

Family Health Center at Cape Vincent*

782 East Broadway Street
Cape Vincent, NY 13618
315-654-2530

Family Health Center at Clayton**

909 Strawberry Lane
Clayton, NY 13624
315-686-2094

Family Health Center at Lacona*

3 DeMott Street
Lacona, NY 13083
315-387-3400

Family Health Center at LeRay

26908 Independence Way
Suite 101
Evans Mills, NY 13637
315-629-4525

Family Health Center at Sackets Harbor*

105 Barracks Drive
Sackets Harbor, NY 13685
315-646-7119

Family Health Center at Watertown

1575 Washington Street
Watertown, NY 13601
315-786-7300

General & Vascular Surgery

826 Washington Street
Suite 106
Watertown, NY 13601
315-782-1505

Imaging & Lab Center at Coffeen Street**

1213 Coffeen Street
Suite 2
Watertown, NY 13601
315-755-2140

Imaging & Lab Center at Samaritan Health & Wellness Plaza**

1575 Washington Street
Watertown, NY 13601
315-788-1204

Outpatient Behavioral Health

1575 Washington Street
Watertown, NY 13601
315-779-5060

Pain Management Center

826 Washington Street
3rd Floor
Watertown, NY 13601
315-785-4313

Plastic and Reconstructive Surgery

629 Washington Street
1st Floor
Watertown, NY 13601
(315) 755-9650

Pulmonology & Thoracic Surgery

19320 US Route 11
Building 3
Watertown, NY 13601
315-786-0254

Rheumatology

629 Washington Street
2nd Floor
Watertown, NY 13601
315-755-3450

Sleep Disorders Center of NNY

830 Washington Street
Watertown, NY 13601
315-786-4930

SMART (Graduate Medical Education) Clinic

1575 Washington Street
Watertown, NY 13601
315-786-7300

Urology

22567 Summit Drive
Building 2
Watertown, NY 13601
315-782-7230

Walker Center for Cancer Care

830 Washington St
Watertown, NY 13601
315-785-HOPE (4673)

Women's Wellness and Breast Care

1575 Washington Street
Watertown, NY 13601
315-785-4155

Wound Care Center

165 Coleman Avenue
Watertown, NY 13601
315-755-2024

* Lab services available by
appointment

** Lab and x-ray services
available

