


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Community Church CR 1	9:45 Morning Stretching DRT 10a Tai Chi CR 2p Movie CR 6:30 Friends of God CR 2	10a Mass CR 3 10:15a Jeopardy DR2 2p Fun & Games CR	9:45 Morning Stretching DR1 10a Bible Study DR1 10:30 Silver Sneakers DRT 2p Resident Council CR 6:30 Bible Study CR 4	10a Tai Chi DR1 5 10a Coloring DR1 11a Dining Committee Back of CR 1:45p Movie TBD CR 2p Craft LR2-B Happy Birthday Helen Hickok Sukkot	9:45 Morning Stretching DR2 10a Pumpkin Applesauce Bread DR2 11a Protestant Service CR 2p Bingo CR Wear Your Best Smile Dau! 	10a Methodist Sunday Church Service DVD LR1-A 6
10:30 Community Church CR 8	9:45 Morning Stretching DRT 10:30 Silver Sneakers DR2 2p Just 4 Laughs DR2 6:30p Activities CR <small>Columbus Day (US) Thanksgiving Day (Canada)</small> 9	10a Mass CR 10 2p Country Stompers CR 6:30 Lion's Club Bingo CR	9:45 Morning Stretching DR1 11 10a Tai Chi CR 10a Bible Study DR1 2p Craft DRT	10a Tai Chi DR1 12 11a Dining Committee Back of CR 2p Dennis Marshall CR Happy Birthday William Stewart	9:45 Morning Stretching DR2 13 10a Zippy Tuna Salad Dip DR1 11a Protestant Service CR 2p Bingo CR	10a Methodist Sunday Church Service DVD LR1-A 14 7p Karaoke/Ice Cream Sundae's DR2
10:30 Community Church CR 15 2p Chair Yoga CR	9:45 Morning Stretching DRT 10a Tai Chi CR 2p Wheel of Fortune DR2 6:30p Activities CR 16	10a Mass CR 17 10:15a Jeopardy DR2 1:45p Movie TBD CR 2p Classic TV Bingo DRT	9:45 Morning Stretching DR1 18 10:30 Silver Sneakers DRT 10a Bible Study DR1 2p Mind Games DRT	10a Tai Chi DR1 19 11a Dining Committee Back of CR 2p Jefferson County Historical Society presents "The Mayors Ball" CR	9:45 Morning Stretching DR2 11a Protestant Service CR 1:45p Movie TBD CR WEAR PINK for Breast Cancer Awareness Happy Birthday John Parameter	10a Methodist Sunday Church Service DVD LR1-A 21 2p Bingo CR
10:30 Community Church CR 22	9:45 Morning Stretching DRT 10:30 Silver Sneakers DR2 2p Jeopardy DR2 6:30 Arrhythmias CR 23	10a Mass CR 24 11:30 Octoberfest Luncheon CR 2p Mike White CR Happy Birthday Patsy Greenlow	9:45 Morning Stretching DR1 25 10a Tai Chi CR 10a Bible Study DR1 2p Book Club LR2-B Happy Birthday Fern Rossi	10a Tai Chi DR1 26 10a Quarterly Memorial Service CR 11a Dining Committee CR 2p Movie "Bewitched" CR Happy Birthday Sr. Joan Washburn Halsey Farrington	9:45 Morning Stretching DR2 27 10a Coloring Bookmarks DR2 11a Protestant Service CR 2p Library Expo CR	10a Methodist Sunday Church Service DVD LR1-A 28 2p Sounds of Joy CR 7p Karaoke/Ice Cream Sundae's DR2
10:30 Community Church CR 29 2p Chair Yoga CR	9:45 Morning Stretching DRT 10a Tai Chi CR 6p Trick or Treat CR 30	10a Mass CR 31 10a Ghost Cookies DRT 2p Halloween & Karaoke Party CR <small>Halloween</small>	KEY CR- Community Room DR T/1/2- Dining Room LR T/1/2- Living Room SK T/1/2- Skilled a- Morning p- Afternoon	<h1>October 2017</h1> <h1>Assisted Living</h1>		

Activities are subject to change. Any questions please contact your Activity Coordinator Dani McLean @ 315-779-5113. All activities are conducted by Activity Staff or Home Health Aides.